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IMA COCHIN NEWS

Megaphone

Monthly Newsletter from Indian Medical Association, Cochin Branch



Issue 116
May
2013

90@Lagoon



90 new members in the Lagoon !!

Team comprising Mr. Shabu (office in-charge, IMA Cochin), Mr. Hari, Mr. Thomas (IMA office staff) and Mrs. Shehnaz (Guest Relation Manager, IMA House) achieved this unbelievable task in two months period. Hats off to the team for their meticulous campaign and tremendous efforts.

"It was indeed a tough task assigned to us by Dr. Kuriyipe" observes Mr. Shabu, who is in service of IMA Cochin for the last 23 years. "We were asked to approach those doctors in Ernakulam, who were yet to become members of The Lagoon. We feared stiff resistance but co-operation extended by doctors was very encouraging and fruitful", adds Mr. Shabu. "We are ready to venture into more such tasks in future, to benefit IMA Cochin".



"As Chairman of IMA House, I am proud of our office staff who put in best of their efforts. They were assigned the job of roping in those doctors who went out of our nets, even after 4 or 5 rounds of campaigning. I had expected only 8 or 10 new members but the team came up with 90 members! Hearty congrats to the team" tells Dr. Kuriyipe. He is a happy man, seeing bank liability of IMA House coming down and down every month.

"If our own Doctors are ready to emulate the work put in by our office staff, we will be able to mobilize some more new members from medical and dental fraternity. The scheme offering membership to children of our members at a substantially low membership fee is still open. I am sure if this tempo continues, we will be free from all financial liabilities within one or two years. Then onwards this mammoth IMA House will be giving only profits to IMA Cochin", adds IMA House Chairman.



Fraternity Benefit from Social Security Schemes nearing 50 Lakhs!!

Thanks to the intense work by office bearers of all branches of IMA Kerala State, our Social Security Schemes are poised to hand over the purse of Rs.50 Lakhs to the bereaved family of SS Scheme member.

As on 31.3.2013, SSS-I has 10,035, SSS-II 5,375; and SSS-III 3,512 members. Fraternity benefit as on today is **Rs.12,45,900** from SSS-I, **Rs.15,86,700** from SSS-II and **Rs.18,50,500** from SSS-III. It means if anyone who has enrolled in all the three schemes, ensures a totally hassle free financial support to the tune of **Rs.46,83,100** to his beloved family. If the present tempo of membership campaign continues, IMA Kerala State Branch will be able to reach the 50 lakhs target very soon.

If you are not a member of all the schemes, today is the right day to take the wisest decision. Please contact me or Dr. Sunny Orathel (Resource Person, SS Scheme) or IMA Cochin office to enroll yourself as SS Scheme member today itself.

Dr. M.M. Hassan, State Working Committee member (94479 00219)

Safest Blood - NAT tested Blood IMA Blood Bank Cochin, the only Blood Bank in Kerala issuing NAT tested blood

Organising Committee - Central Working Committee Meeting on 26th May



National IMA leaders and top IMA leaders from all States in India will fly down to IMA House Cochin, to attend the Central Working Committee meeting on 26th May. Organising Committee of CWC met twice in IMA House to give final shape to the preparations. In addition to the state office bearers of IMA Kerala State Branch, Cochin Branch was represented by Dr. Dinesh, Dr. V.D. Pradeep Kumar, Dr. Abraham Varghese, Dr. S. Sachidananda Kamath, Dr. M. Narayanan, Dr. M. Venugopal, Dr. Chandrika, Dr. Salini and Dr. Varghese Cherian.

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MAY CME

Date : 29th May 2013, Wednesday
Time : 8.00 pm
Venue : IMA HOUSE



APPROACH TO AN INFERTILE COUPLE (20 minutes)

Dr. Fessy Louis T., IVF Coordinator & Laparoscopic Surgeon, CIMAR

IVE, ICSI, IMSI - AN OVERVIEW (15 minutes)

Dr. Parasuram Gopinath
Scientific Director, CIMAR

PRENATAL DIAGNOSTIC PROCEDURES - WHEN, WHY, AND HOW? (20 minutes)

Dr. Meenu Batra Parasuram
Consultant, Fetomaternal Dept., CIMAR

Meeting Sponsored by
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A workshop on communication skills was organised by Ernakulam DTF at Muvattupuzha on 18.5.2013. Dr. Sajeev Kumar conducted the workshop. 65 members from IMA branches in Ernakulam attended the session.



Dr. Gracy Thomas talks on Adolescent Health at Campion School on 11th April.

LAST MONTH CME



A panel discussion on Acute Abdominal Pain. Moderator : Dr. Santhosh John Abraham; Panelists : Dr. Sudhindran S., Dr. O.V. Sudheer, Dr. Prakash K. and Dr. Deepak Varma

Our Column

IMA Activities are going on well. 209th Central Working Committee meeting of IMA is on 26th May 2013 at IMA House, Ernakulam. I request all the executive committee members of Cochin IMA to make the function a grand success. This CWC meeting is a prestigious event of Cochin IMA.

All the National and State IMA Office bearers, all the CWC members from all over India, and Executive committee members of Cochin IMA is expected to participate in the function.

A multi-speciality medical camp was organized at Rajendra Maidan by IMA Cochin in association with Sri. Hibi Eden, MLA on 19th May 2013. About 300 doctors including specialists and super-specialists took part in the camp which was attended by around 3500 people. The camp was a grand success and more than 200 people were identified for follow up treatment.

Cochin IMA will be honouring Dr. Sriram and Dr. Alby John Varghese, in the next general body meeting on 29th May 2013 who are the toppers in IAS selection this year.

The hospital board meeting conducted by Cochin IMA on 11th May 2013 has formed a committee of representatives from different hospitals to proceed with the action plan regarding the Hospital protection act.

Yours in IMA



Dr. N. Dinesh
President



Dr. Junaid Rahman
Secretary



Dr. Junaid Rahman receives Ponnada from the President, on the occasion of his appointment as Director, CAPE

WIMA

WIMA General Body meeting was conducted on 30.4.2013.



This time we had a demonstration on "Healthy Cooking Using No Oil / Minimum Oil on Non-stick Vessels" to beat "Obesity and Lifestyle Diseases" by Mrs. Maimuna Irshad from Cochin. It was a very interesting session. All the ladies actively participated in the demonstration.

Sparsh : Workshop for Special Children @ IMA house

Date of the Workshop : 20th-24th May 2013

Sparsh is a Workshop for Children with Special Needs, and their Parents. This year's focus is Children with Speech and Hearing disabilities. This camp would be replicated every year focussing on different categories of disabilities and also there are plans to take the event across India. This activity will be for 25 families with "special child" of Age Group 5 to 10 years old.

Jointly organised by **Impressario**, a leading event management group, **NISH** - National Institute of Speech and Hearing, **IMA Cochin**, **IAP Cochin** and **Federal Bank**. - **Dr. M. Narayanan**

IMA BLOOD BANK

1103 units of blood was collected and 1842 units of blood & components issued in April 2013. Total 1842 units of whole blood & components were issued. Patients in 88 hospitals were beneficiaries, and 72 units of blood issued free of cost. 14 blood donation camps were conducted. - **Dr. Sunil K. Mathai**, Secretary

IMA COCHIN MEDICINE BANK

Medicines were contributed by Dr. M. Narayanan, Dr. K.K.R. Warriar, Dr. Beena, Laxmi Hospital, Dr. K.N. Jaya, Dr. Sreenivasa Kamath & Dr. V.P. Kuriyipe. Cochin IMA Medicine Bank gave free medicines to 177 patients in the month of April 2013. - **Dr. Najeeb**, Convenor



It was on a chilly winter night I landed in Tbilisi, the capital of Georgia Republic. Arriving without a proper visa and with a sewn up Indian passport, though made a commotion at the immigration at first, finally they let me go. But that wee hours of the day, at the deserted Airport, it was impossible for a public transport to the city.

But soon, I was given a lift, which later changed my Georgia days in toto for ever. Mariyam and her father came to see off someone, seeing a coloured man alone outside the terminal in a cold winter night, they had no choice, but to tender help.

While alighting from the car in Skadaveli hostel, near Freedom Square, Mariyam scribbled her cell number on my mobile notepad. She asked me to wait for her call in the morning. May be, they were fascinated with my pep talk about my love affair with Georgia and my solo Sojourns across the Globe.

Georgia is a Ex-Soviet Republic in the valley of Caucasus mountains. It is a land with magnificent history and unparalleled natural beauty. Christianity was introduced here almost the same time as St.Thomas came to Kerala. By 4th Century AD it became national state religion.

It was 10 in the morning, the hostel owner cum manager Mr. Irkali informed me that, I had a guest. To my great surprise it was Mariyam, though sad to say, after the morning nap I had fully forgotten her.



On a Winter's Night, A Backpacker

That was the beginning. Since then till I departed Georgia she was my friend, guide, philosopher. Actually Tbilisi is such a small place, where there is nothing much to see, no palaces nor any great colonial buildings. But, there are lots and lots of Churches, and they are omnipresent. It includes grand old ones to the latest versions. If all the churches are not enough to show you how religious Georgians are, just watch for the number of people who make a symbol of cross in the forehead or chest each time they pass a church, will.



Mariyam took me to all the main Churches and Cathedrals in and around Tbilisi and even made me attend Mass and other Church ceremonies. We went to the ultra modern Byzantine like Sameba Cathedral to the medieval built and rustically charming Metekhi Church.

The most remarkable place of the capital is on the banks of the Mtkvari river. The tree lined promanades on both sides of the river is romantic to the core in the evenings. The swaying trees on the banks dip their branches along the river with the countless fishermen waiting for a bountiful catch, is a magnificent photo stop. Across the river is a awesome sulfur bath. For 2 Lari (Georgian Currency), 60 rupees you can have a wonderful bath with a central Asian feel. On proceeding further, a steep climb will take to the Narikela Fort. Though the fort has nothing great to offer, but the view from the top will hold your breath. For sure the word Spectacular will not convey the exact feel. Continuing further along the top of the ridge there is a big metal statue, Mother Georgia. But, watch your step, it is a long way down.

In the evenings and nights all along the river banks, rainbow bridges, churches, Narikela fort gets illuminated. Sitting on the river bank sipping famed Georgian wines and savouring traditional Georgian delicacies like Khimkali Dumplings will make you murmer, life is worth living.

Rustaveli Avenue is the main artery of Tbilisi. It starts from the Freedom Square and is one and half kilometer long. All the major buildings and sites of the capital are all this avenue. Parliament building, National Museum, Opera House, Science Academy, all situated along this street.

With sublimely perched old churches and castles along with breath taking mountain scenery, outrageously beautiful small towns, all abounds in natural beauty, no doubt it is one of the most beautiful countries on Earth. But to my utter surprise there are no tourists at all in Georgia. More over a coloured person like me is rarest of the rare.

With Mariyam, when we walk together, or ride in a metro, I can gauge the curiosity in the eyes of the onlookers. But I can vouch there is no sinister connotation. Because they are some of the most hospitable people in the whole world. Some times, to quench the inquisitiveness someone will desperately ask Mariyam in the local vernacular, who is the man with her, instead replying directly, she will turn to me and with a wink in her eyes, will say "Miq'varkhar" (I love you).



Many of our readers who couldn't follow Malayalam had requested me to ask Dr. Natarajan to switch over to English, so that they also will get an opportunity to 'visit' different places through his travelogue. Dr. Natarajan promptly agreed. - Editor

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