

IMA WOMEN'S WING



Monthly meeting was held on 26th November at Doctors Club. We had a demonstration of Microwave cooking by Tupperware.

Other activities for the month were :

- **Health and Sex Education classes** at the following schools – Greets Academy, Toc-H Public School, Bhavan's Vidya Mandir, Girinagar, Government Girls HSS, Ernakulam, Bhavan's Adarsh Vidyalaya classes were taken on 2nd, 8th, 11th, 17th, 23rd, 24th and 30th.
- **Health & Sex Education classes** at St. Mary's School – organized by Social Service Society of St. Mary's Basilica Church, 250 girls attended (12th November)
- **13th November** : Dr. Valsala Kumari attended a PAP Smear camp at St. Thomas Church, Tripunithura. 35 patients underwent PAP Smear examination.
- **19th November** : Dr. Gracy Thomas attended a General Medical Camp at Assissi Vidyaniketan. This camp, organized by Interact Club of Assissi Vidyaniketan and Rotary club was attended by 200 patients.
- **Visit to Government Home** for Physically Handicapped Women, Thevara on 21st November by Dr. Pushpa. Haematinics were distributed.
- **24th November** : We conducted a Talk on Anaemia by Dr. Valsala Kumari and Mrs. Mumtaz Khalid Ismail, to the members of Anganwadi, Manapattiparambu. 100 members attended the classes, and were given haematinics.

BL₂D BANK NEWS

NOVEMBER 2005 :

Total 1471 units of blood were collected and 3259 units of blood and its components issued. Patients in 82 hospitals were beneficiaries.

Dr. K. Narayanan Kutty
Secretary



IMA MEDICINE BANK

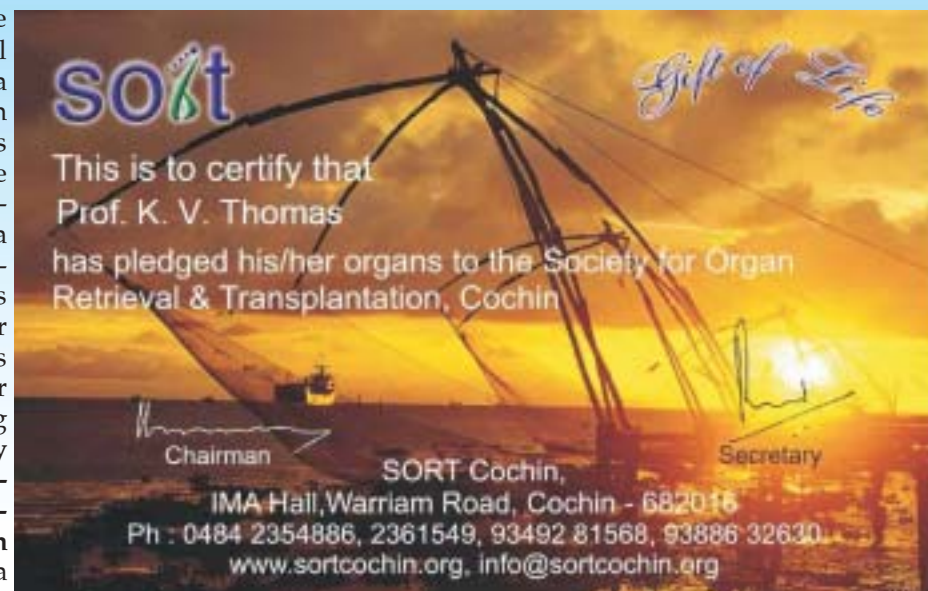
Working Hours : 10.00-2.00 p.m.

Medicines donated by :

- Dr. Sujit Vasudevan ■ Dr. Shantha George
- Dr. E. Varghese Mathew ■ Dr. Sanjini V. Saraf
- Dr. Vinod Kumar K P ■ Dr. Sreenivasa Kamath
- Dr. N. Gopalakrishnan
Convener

ORGAN DONATION

As you are aware while Tamil Nadu & Andhra Pradesh have taken significant strides in organ & tissue donation & transplantation, Kerala is very much lagging behind in this concept. The major reason of course is lack of proper awareness among the public. Society for Organ Retrieval & Transplantation, Cochin (SORT Cochin), a registered society functioning under the patronage of IMA Cochin is making all out efforts in this direction. It is worthwhile mentioning here that the first ever multi organ cadaver transplantation in Kerala was performed last year, which was totally co-ordinated by SORT. It included a liver & two kidneys which were transplanted to the patients of Amritha Institute of Medical Sciences & P. V. S. Memorial Hospital, Ernakulam. The donor was a Keralite US based Doctor's father.



The SORT's donor card displayed at the residence of Prof. K.V. Thomas, MLA.

As medical professionals we have a duty to be part of this humanitarian cause. As such I request you to join SORT as life members (Rs.500/-) and also display in your consulting room, the beautiful scenery depicting the sun set at the Queen of Arabian Sea (Rs.150/-) with inscriptions on organ donation. This will go a long way in conveying the message of the "GIFT of LIFE" to your patients & their relatives.

Those who would like to join may please send your name, postal

& email addresses, telephone numbers on a plain paper or may download the application form from our web www.sortcochin.org. You may also contact us 9388632630 or 9349281568. Demand draft/application form may be sent to the IMA address.

Dr. Ramesh S. Shenoy, Gen. Secretary
SORT Cochin

IMA COCHIN Newsletter

Official Bulletin of Indian Medical Association, Cochin Branch

No. 30
Dec. 2005

President's Column



Dear Colleagues,

Wish you all a very happy X'mas and prosperous new year.

When we are going to celebrate two important events of the mankind, X'mas and the dawn of new year, it is always proper on our part to recapitulate the events of the past. We had witnessed the greatest tragedy of the year Tsunami, followed by devastating earth quakes in Kashmir and the other calamities like Rita, Kathrina, Vilma and the Baaz. We could face all these events with determination and united effort. In the midst of all these events, we are facing the alarming increase in the HIV infected persons in our country. While celebrating the World AIDS Day, we have to take a solemn pledge that we will lead a healthy principled and disciplined life so that we will be able to get rid of this menace from the society. For this, continued effort is required. Let us rededicate ourselves to take this solemn pledge.

With warm regards,

Dr. E. Varghese Mathew

Secretary's Column



Dear friends,

We are giving a face lift to our Medicine bank with support from all our members and will start functioning in the ground floor of our IMA building from Dec 15th. Please continue to donate your medicine samples and send your poor patients for free medicines.

The Mediclaim Policy (Floater Policy) taken by our members is expiring on 30th Dec. You are requested to renew your policy by sending the DD/cheque for the required amount so that it should reach IMA office by 26th. We welcome new members also to join the scheme. Please get in touch with IMA Office for more information.

Those who have not renewed your annual membership may please renew it immediately.

Regards,

Dr. Abraham Varghese

DECEMBER MONTHLY MEETING

Date : 21 Dec. 2005 (Wednesday)

Time : 8.00 p.m. Venue : Avenue Centre, Panampilly Nagar

Scientific Session : CADAVER TRANSPLANT - THE ROAD AHEAD

Moderator : Dr. Georgy. K. Nainan

Speakers : Dr V. N. Unni, Dr. S. Sudheendran

Dr. Pradeep Krishnan

Meeting sponsored by

SOCIETY FOR ORGAN

RETRIEVAL & TRANSPLANTATION

COCHIN



Dr. M.K. Muneer,
Hon'ble Minister, P.W.D.
Govt. of Kerala
will be addressing
the Cochin IMA
members during the
Monthly Meeting.

Wish you
a Merry X'mas and Happy New Year

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WORLD AIDS DAY 1ST DECEMBER 2005

STOP AIDS. KEEP THE PROMISE



The Indian Medical Association, Cochin Branch and Health Department, Ernakulam District observed the World AIDS Day on December 1st, 2005. A public function and a rally were organized for creating awareness on AIDS. The rally started from Gandhi Square and ended up at Maharaja's College. School/college students, Nursing students, staff from DMO office, Doctors, nurses and para medical staff participated in the rally. An Essay competition and Quiz Competition was organized for the Nursing students of Ernakulam District.

The public function was conducted at Maharaja's College Auditorium and it was inaugurated by the District

Collector, Mr.A.P.M. Mohammed Hanish. Dr. E. Varghese Mathew, President, IMA Cochin presided the function. Dr. M. Abdul Rasheed, DMO in charge, Ernakulam delivered the keynote address. Dr. N. Surendran, Deputy Superintendent, General Hospital made a presentation on AIDS. Dr. N. Ramachandran, Deputy DMO, Mr. R. Sreekumar, HOD of Botany, Maharaja's College offered felicitations. Dr. K. N. Omana, Superintendent, General Hospital distributed the prizes to the winners. Dr. Abraham Varghese, Secretary, IMA welcomed the gathering and Dr. M. I. Junaid Rehman, RMO, General Hospital proposed the vote of thanks.

IMA SIGNS MoU WITH GENERAL HOSPITAL

Image (IMA Goes Ecofriendly) has started collecting the Biomedical waste from the District Hospital, Ernakulam from Dec onwards. Memorandum of Understanding (MoU) was signed between Dr. Abraham Varghese, Secretary and Dr.K.N.Omana, Superintendent, General Hospital on 15th Nov. in presence of the District Collector, Mr. APM Mohammed Hanish who is also the Chairman of the Hospital Development Committee. Dr. Sivaraman, DMO, Dr. Varghese Mathew, IMA Cochin President and Dr. Junaid Rehman, RMO, General Hospital was also present.

The affiliation to Image is free for all Govt. Hospitals, but the affiliation fee (non refundable) for private hospitals is Rs.1000 per bed while for clinics (without IP) is Rs 5000. The collection charges for Govt. hospitals have been fixed at Rs.2.75 per bed per day while it is Rs.3.50 for private hospitals.

Please contact IMA Office, if you require more details.

Dr. Abraham Varghese
Dist. Representative, Image



SPECIAL NEWS FROM BLOOD BANK

Confirmatory test for *Treponema Pallidum* antibodies using Enzyme Immunoassay technique will be started in IMA Blood Bank from January 2006 onwards.

Dr. B. Syamalakumari
Medical Officer
IMA Blood Bank

Welcome to New Members

1. Dr. Joji Antony
2. Dr. Miscellealine Antony
3. Dr. Senthil Kumar
4. Dr. Pradeep Krishnan
5. Dr. Jisha Pradeep
6. Dr. Joseph M.V.
7. Dr. Pramod Wariyar
8. Dr. Salini Nair
9. Dr. Muralikrishna Menon
10. Dr. Scaria Aikara

WORLD DIABETES DAY CELEBRATIONS

Dr. Bhaskara Kumar Warriar, President, Cochin Physicians Forum

The World Diabetes Day was observed by the Indian Medical Association, Cochin on 13th and 14th November. The activities on 13th Sunday was held in association with the Lakshmi groups of Hospitals. A medical camp, blood sugar/ BMI estimation, awareness class & a public function were the highlights of the day. 396 patients attended the camp. The public function was inaugurated by Mr. Dominic Presentation, Hon'ble Minister for Fisheries and Sports. The meeting was presided by Dr. E. Varghese Mathew, President, IMA Cochin.

The well organized seminar was attended by 450 members and it was moderated by Dr. Bhaskara Kumar Warriar. Dr. Sasikumar (Cardiologist), Dr. P. Ramakrishnan (Physician and Diabetologist), and Dr. C. Balachandran (Surgeon) were the speakers. There was very active interaction from the patients.

On 14th November 2005, the functions were held in association with Lekshmi Group of Hospitals, AIMS, Cochin Physicians Forum and Manorama Arogyam.

1) **Diabetes Awareness Mediquiz for Nursing School students** – was inaugurated by Dr. Santha Warriar, Gynaecologist, Lakshmi Hospital, Ernakulam.

6 teams participated : The mediquiz was conducted by Quiz Master Dr. B. K. Warriar and helped by Dr. Abraham Varghese, Secretary, IMA. Lakshmi Hospital school students were the

winners followed by Port Trust Hospital school and Indira Gandhi Nursing School. The prizes were donated by IMA; Lakshmi Hospital and Geekay Drug House. The Diabetes awareness Mediquiz Everrolling shield was donated by Cochin Physicians Forum.

2) The 'Diabetes Awareness Walk' sponsored by Novo Nordisk – was a unique event with more than 650 participants which included NCC Navy Cadets, Nursing Students, Doctors from various hospitals, patients and public.

Dr. E. Varghese Mathew, Dr. Abraham Varghese, Dr. Bhaskara Kumar Warriar, Dr. Harishkumar, Dr. Gopalan etc. took active leadership in the rally.

3) The public meeting & valedictory function was presided over by Dr. E. Varghese Mathew, President, IMA Cochin.

Dr. M. K. Muneer, Hon'ble Minister for PWD, Government of Kerala was the Chief Guest who spoke very high of IMA and the organisers, for the two day World Diabetes Day Celebrations.

Prizes were donated by IMA Cochin, Lakshmi Hospital, Ernakulam, and Geekay Drug House. The Ever Rolling Trophy donated by Cochin Physicians Forum was also given to the winning team – Lakshmi Hospital Nursing School, who got 85 points in MediQuiz. The programme was very well appreciated by the public.

