Monthly meeting was held on 26th November at Doctors Club. We had a demonstration of Microwave cooking by Tupperware.

Other activities for the month were:

- **Health and Sex Education classes** at the following schools – Geetis Academy, Toc-H Public School, Bharati Vidya Mandir, Gannagad, Government Girls HSS, Ernakulam, Bharati’s Adarsh Vidyalaya classes were taken on 2nd, 8th, 15th, 17th, 23rd, 24th and 30th.

- **Health & Sex Education classes** at St. Mary’s School organized by Social Service Society of St. Mary’s Basilica Church, 250 girls attended (12th November).

- **13th November**: Dr. Valsala Kumari attended a PAP smear camp at St. Thomas Church, Tripunithura. 155 patients underwent PAP smear examination.

- **19th November**: Dr. Geacy Thomas attended a General Medical Camp at Assissi Vidyakutten. This camp, organized by Interact Club of Assissi Vidyakutten and Rotary club was attended by 200 patients.

- **Visit to Government Home**: Physically Handicapped Women, Thevara on 21st November by Dr. Pushpa. Haematinics were distributed.

- **24th November**: We conducted a Talk on Anaemia by Dr. Valsala Kumari and Mrs. Mumtaz Khalid Ismaili, to the members of Anganwadi, Manapattiparambu. 100 members attended the classes, and were given haematinics.

### BLOOD BANK NEWS

**NOVEMBER 2005**

Total 1471 units of blood were collected and 3259 units of blood and its components issued. Patients in 82 hospitals were beneficiaries.

Dr. K. Narayanan Kutty
Secretary

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As medical professionals we have a duty to be part of this humanitarian cause. As such I request you to join SORT as life members (Rs.500/-) and also display in your consulting room, the beautiful scenery depicting the sun set at the Queen of Arabian Sea (Rs.150/-) with inscriptions on organ donation. This will go a long way in conveying the message of the "GIFT of LIFE" to your patients & their relatives.

Those who would like to join may please send your name, postal & email addresses, telephone numbers on a plain paper or may download the application form from our web www.sortcochin.org. You may also contact us 9386326309/9345283508. Demand draft/application form may be sent to the IMA address.

Dr. Ramesh S. Shenoy, Gen. Secretary
SORT Cochin

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As you are aware while Tamil Nadu & Andra Pradesh have taken significant strides in organ & tissue transplantation, Kerala is very much lagging behind in this concept. The major reason of course is lack of proper awareness among the public. Society for Organ Retrieval & Transplantation, Cochin (SORT Cochin), a registered society functioning under the patronage of IMA Cochin is making all out efforts in this direction. It is worthwhile mentioning here that the first ever multi organ cadaver transplantation in Kerala was performed last year, which was totally co-ordinated by SORT. It included a liver & two kidneys which were transplanted to the patients of Amrita Institute of Medical Sciences & P. V. S. Memorial Hospital, Ernakulam. The donor was a Keralite US based Doctor’s father.

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We are giving a face lift to our Medicine bank with support from all our members and will start functioning in the ground floor of our IMA building from Dec 15th. Please continue to donate your medicine samples and send your poor patients for free medicines.

The Mediclaim Policy (Floater Policy) taken by our members is expiring on 30th Dec. You are requested to renew your policy by sending the DD/cheque for the required amount so that it should reach IMA office by 26th. We welcome new members also to join the scheme. Please get in touch with IMA Office for more information.

Those who have not renewed their annual membership may please renew it immediately.

Regards,
Dr. Abraham Varghese

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Dr. M.K. Muneeer, Hon’ble Minister, P.W.D. Govt. of Kerala
will be addressing the Cochinn IMA members during the Monthly Meeting.

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**DECEMBER MONTHLY MEETING**

**Date:** 21 Dec. 2005 (Wednesday)

**Time:** 8.00 p.m. **Venue:** Avenue Centre, Panampilly Nagar

**Scientific Session:** CADAVER TRANSPLANT - THE ROAD AHEAD

**Moderator:** Dr. Georgey, K. Nainan

**Speakers:** Dr. V. N. Umni, Dr. S. Sudheendar

Dr. Pradeep Krishnan

**Meeting sponsored by:** SOCIETY FOR ORGAN RETRIEVAL & TRANSPANTATION COCHIN
The Indian Medical Association, Cochin Branch and Health Department, Ernakulam District observed the World AIDS Day on December 1st, 2005. A public function and a rally were organized for creating awareness on AIDS. The rally started from Gandhi Square and ended up at Maharaja’s College Auditorium and it was inaugurated by the District Collector, Mr. APM Mohammed Hanish who is also the Chairman of the Hospital Development Committee. Dr. Jisha Pradeep, Superintendent, General Hospital opened the function with her presidential address. Dr. H. P. M. Mohammed Hanish, Dr. E. Varghese, Dr. Abraham Varghese, Dr. Karthic, Dr. Ramakrishnan and Dr. J. Balashankar (Surgeon) were the speakers. There was very active interaction from the patients.

On 14th November 2005, the functions were held in association with Lekshmi Group of Hospitals, AIMS, Cochin Physicians Forum and Manorama Arogyam. 1) Diabetes Awareness Mediquiz for Nursing School students – was inaugurated by Dr. Santha Warrier, Gynaecologist, Lakshmi Hospital, Ernakulam. 6 teams participated : The mediquiz was conducted by Quiz Master Dr. R. K. Warrier and helped by Dr. Abraham Varghese, Secretary, IMA. Lakshmi Hospital school students were the winners followed by Port Trust Hospital school and Indira Gandhi Nursing School. The prizes were donated by IMA; Lakshmi Hospital and Geekay Drug House. The Diabetes awareness Mediquiz Everrolling shield was donated by Cochin Physicians Forum.

2) The ‘Diabetes Awareness Walk’ sponsored by Novo Nordisk – was an unique event with more than 650 participants which included NCC Navy Cadets, Nursing Students, Doctors from various hospitals, patients and public. The rally was started from Gandhi Square and ended up at Lakshmi Hospital. Dr. E. Varghese Mathew, President, IMA Cochin, Dr. M. K. Muneer, Hon’ble Minister for PWD, Government of Kerala was the Chief Guest who spoke very high of IMA and the organisers, for the two day World Diabetes Day Celebrations. 

3) The public meeting & valedictory function was presided over by Dr. E. Varghese Mathew, President, IMA Cochin. The prizes were donated by IMA Cochin, Lakshmi Hospital, Ernakulam, and Geekay Drug House. The Ever Rolling Trophy sponsored by Novo Nordisk was also given to the winning team – Lakshmi Hospital Nursing School, who got 85 points in Mediquiz. The programme was very well appreciated by the public.

IMA SIGNS MoU WITH GENERAL HOSPITAL

Image (IMA Goes Ecofriendly) has started collecting the Biomedical waste from the District Hospital, Ernakulam from Dec onwards. Memorandum of Understanding (MoU) was signed between Dr. Abraham Varghese, Secretary and Dr.K.N.Omana, Superintendent, General Hospital on 15th Nov. in presence of the District Collector, Mr. APM Mohammed Hanish who is also the Chairman of the Hospital Development Committee. Dr. Sivaraman, DMO, Dr. Varghese Mathew, President, IMA Cochin presided the function. Dr. E. Varghese Mathew, Dr. Abraham Varghese, Dr. Bhaskara Kumar Warrier, Dr. Harishkumar, Dr. Gopal etc. took active leadership in the rally.

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