

## An amazing experience to those who attended



### COCHIN CLINICAL SOCIETY

www.cochinclinical.org

First CCS meeting of 2009 was held as the January scientific session of Cochin IMA on 28th January at Renaissance Hotel. Dr. Mathew Abraham and Dr. Mahesh presented an interesting case of Ophthalmoplegia due to Hashimoto's disease, a treatable entity. This was considered as the best presentation. This was followed by Dr. Vishal and Dr. Thomas Varghese presenting a case of recurrent renal stone which on evaluation turned out to be due to parathyroid adenoma which was resected. Dr. Nagarajan representing the Cochin Thoracic Society presented an interesting case of unresolved Pneumonia which on detailed evaluation turned out to be a case of Lymphoma. Dr. Roshan presented an interesting case of Nanophthalmos and presented the difficulties in the cataract surgery in this small eye. The last case was by Dr. Jose Tharayil a case of reconstruction of breast in a aplasia breast. Dr. G.N. Ramesh chaired the session and made the session very interesting. There was a record number of 160 members attending this session.

Second meeting of Cochin Clinical Society was held at AIMS where Dr. P.K. Eapen chaired Dr. Sunitha from Pediatric Genetics presented a case of Lipemic Serum in a new born which on detailed evaluation was found to be due to lipoprotein lipase deficiency, followed by a case of pleural effusion by Dr. Rajesh from Pulmonary Medicine. On evaluation this turned out to be a case of amyloidosis

and multiple myeloma. Dr. Supriya from Dept. of GI Surgery presented a case of Zinc Phosphide (Ratol) poisoning resulting in fulminant hepatitis revived by a timely live related liver transplantation. This was considered as the best presentation of the evening. Dr. Ajith Kumar Varma presented a novel technique - Amrita's sling technique for sling charcot foot, a neuro arthropathy condition frequently met in diabetic patients. Dr. Saheer Ali presented a case of Ischemia to the kidney due to Renal Artery Stenosis due to Arteritis.

The next meeting is at **Hotel Wyte Fort** on **12th of March 2009** (dedicated for World Kidney Day). Prof. William G. Couser (Head, COMGAN), co-chair World Kidney Day will be our Chief Guest.

Dr. Georgy K. Nainan



IAP Cochin bagged the award for conducting the best clinical meeting of Cochin Clinical Society during the year 2008. Dr. Muhamed Ismail receives the trophy from Dr. V.P. Kuriyipe.



# IMACOCHIN Newsletter

No. 68

FEBRUARY 2009

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## A DREAM COMES TRUE...



The first ever executive committee meeting of IMA Cochin at Hall No.2 of our New IMA House on 15th February 2009.

### IMA Children's Medclaim Card distributed



IMA Children's Medclaim Card distribution inaugurated by Dist. Collector Dr. M. Beena IAS on 25th Jan. 2009

Just 50 crucial days left to complete our IMA House Project. Get actively involved by mobilising memberships, by booking halls in advance for functions and by offering loans (interest free of course!)....Act now!!

**50**  
DAYS  
LEFT



Hon. High Court gives direction to Government to implement rules.

### IMA MONTHLY MEETING

Date : 25.2.2009 (Wednesday), 8.00 p.m.  
Venue : Hotel Renaissance, Palarivattom

#### SCIENTIFIC PROGRAMME COMMON RENAL PROBLEMS

Chairperson : **Dr. Abi Abraham M.**  
Sr. Consultant Nephrologist, Lakeshore Hospital

- Patient With Oedema**  
Dr. Kishore Dharan, Consultant Nephrologist  
MOSC Medical College, Kolencherry
- Early Renal Involvement in Diabetes**  
Dr. Binu Upendran, Con. Nephrologist, Lourdes Hospital
- Blood Pressure & Kidney**  
Dr. Rajesh R., Consultant Nephrologist, AIMS
- Drug Nephrotoxicity**  
Dr. Jose Paul, Con. Nephrologist, Lissie Hospital

(Each topic 10 minutes)

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### President's Column

Dear Colleagues,



**Time to act is now.** We have 50 days ahead to complete our IMA House Project - that is, it is count down time. Our financial resources are getting exhausted and we are feeling the pinch now. Now is the time to act - time for all of us to take initiative to canvass for membership. Considering the seriousness of the situation, we have started house visits which is finding excellent results. So, volunteer yourself to make house visits in your locality to induct members. If you want only help/company, please do not hesitate to call any of us.

Deposits by individuals/institutions (interest free) also are solicited. Such initiative at this hour of crisis will be a breather and instill courage and strength to our initiative. Expecting whole-hearted co-operation by each and every member of IMA.

Yours in IMA,

Dr. Abraham K. Paul

**Thank you !** IMA Cochin Branch observed Protest Day on Feb. 4th by abstaining from Out Patient duty from 8 am - 8 pm as a token of protest against attack on staff and hospitals.

### PROTEST MEETING



Meeting called at Ernakulam Medical Centre to condemn attack on Hospital and staff of EMC. IMA demanded that culprits be booked immediately so as to ensure that such incidents do not recur.

### House visits gain momentum

House visits to enroll members is gaining momentum and is getting tremendous response. Request members to form small groups in your area to canvass membership.

### Members' wish it was....

IMA Cochin Scientific Session saw the biggest gathering ever during the Jan. 28th Session. It was a clinical case discussion format. It's a clear indicator that the members wanted more of clinical discussions. We will have it....

### CANCER AWARENESS PROGRAMME



Call for intensive drive on cancer awareness by Kerala Cancer Care Society inaugurated by Bharat Mammooty.

### IMA-IAP PULSE POLIO BOOTH AT PALLIMUKKU



### TOBACCO FREE KOCHI

Cochin Thoracic Society recently organised a public programme for smoking awareness and preventive steps on 8th February, 2009 at Durbar Hall Ground. The programme titled 'TOBACCO FREE INITIATIVE - KOCHI' was launched by the Hon. District Collector Dr. M. Beena IAS and a webpage on Quitting Smoking was launched by famous Cine Artist Capt. Raju. He also advocated a pledge for the public outlining awareness of tobacco evil and its prevention.

Programme was presided over by Dr. K.M. Ramesh Nair, President, Cochin Thoracic Society and support by Rotary Club of Cochin Downtown.



### Womens Wing Activities - Jan. 2009

2009 began with social service activities in two Old Age Homes where provisions, sadya and spectacles after free Cataract Surgery were given. Multi Speciality Camps were held on 11, 18 and 25 January at Kadamakudi, Cherai and Kadavanthra, all economically backward areas where a total of 982 patients were examined. 32 ECGs, 28 Pap smears, 23 Ultrasound Scan, Blood Sugar estimation were done and 29 patients were selected for free cataract surgery. January 1st - New Year Day, 12th - National Youth Day, 26th - Republic Day, 24th - Girl Child Day, 30th - Martyrs' Day were celebrated with awareness talks, medical check ups and by attending Workshops. Programme on Kochi FM and Articles in Magazines were published by WIMA members. The General Body Meeting and Microwave Cooking class on Jan. 13 had record attendance.

The next general body meeting is on **28th Feb. 2009 (Saturday), 2.30 pm** sharp at Welcare Hospital. Demonstration on Nestle Cook n' Serve Meals, Noodles, Soups and more.

*Woman Doctors and spouses of Doctors, please do become WJMA members.*

Dr. R. Manju, Secretary - WIMA Kochi



Dr. Santha George Eraly distributing spectacles at Old Age Home

### Secretary's Desk

Dear members,



IMA activities are going in full swing. Thanks to all members and hospitals for co-operating fully with the one day Token Strike against hospital attacks. Now IMA Lagoon membership campaign is the prime matter in front of us, please do wholeheartedly co-operate.

Yours sincerely,  
Dr. N. Dinesh

### IMA MEDICINE BANK MULTISPECIALITY MEDICAL CAMP



IMA Medicine Bank conducted a multispeciality medical camp in association with Rajagiri Outreach Society, Kalamasseri. Camp was inaugurated by Mr. Byju, S.I. of Harbour Police Station at 9.30 a.m. About 200 patients attended the camp. AIDS and STD counselling was also given at the camp. Dr. C. Sagar, Dr. N. Gopalakrishnan etc. led the camp. Thanks to all doctors who devoted their valuable time and energy for the camp. Medicine Bank is planning to conduct two more medical camps in the month of March.

Dr. N. Gopalakrishnan  
Convener, IMA Medicine Bank

### Welcome New Members

Dr. John George Dr. Jennifer Mathew Kovoor  
Dr. Tity Chacko Dr. Peter Zachariah  
Dr. Abraham P. Abraham Dr. Cyril G. Cherian  
Dr. Dhanya C A

### BLOOD BANK NEWS JANUARY 2009

Total 3579 units of blood were collected and 1619 units of blood and its components issued. Patients in 88 hospitals were beneficiaries. 11 blood donation camps were conducted.

Dr. K. Narayanan Kutty, Secretary, Blood Bank