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IMA COCHIN Newsletter

No.43 JANUARY 2007



Bhoomi Pooja & Foundation Stone Laying of IMA HOUSE on 1.2.2007 at 8.00 a.m., Jawaharlal Nehru Road, Kaloor

PRESIDENT'S NOTE



Dear Colleagues,

Thank you all for the overwhelming response given for our prestigious project launched on 3rd January 2007.

Our Bhoomi Pooja will be on February 1st, 2007 at 8.00 a.m.

Please come in large numbers and bless the new venture and continue your support in our future activities.

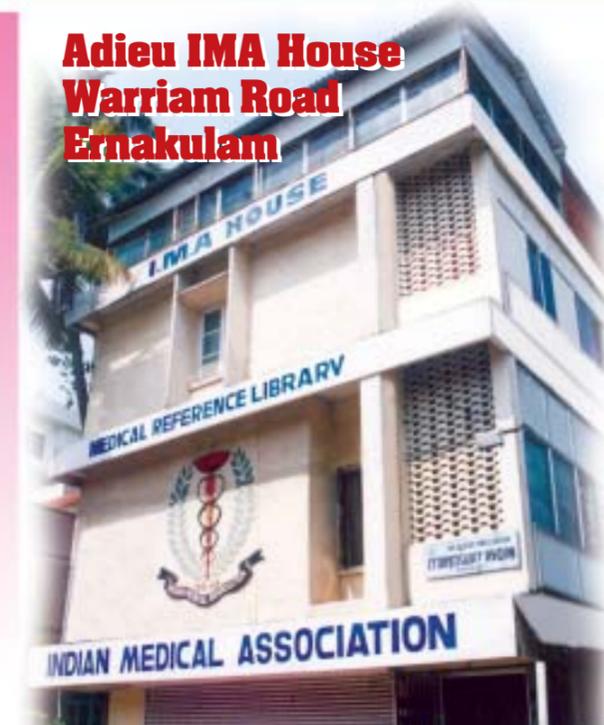
This is the last meeting in our IMA House.

Please do attend the farewell meeting.

With warm regards,

Dr. V. Benny Thomas

Adieu IMA House Warriam Road Ernakulam



SECRETARY'S COLUMN

Dear friends,

The year 2007 will be the most colourful year for Cochin IMA to be remembered. What a fantastic take off we had on the 3rd of January. Secretary is very happy about the wonderful response shown by our members. We should carry this fire of torch in the ensuing years at least until we shift to our new premises. With great pleasure we acknowledge the moral support extended by the members for the call of medical strike of Jan. 12. Without doubt we achieved our goal of implementing exactly the supreme court verdict to protect the doctors from unnecessary illegal action in case of death of a patient.



With warm regards,

Dr. Augustine Thomas Mampilly

Our next haven IMA House Jawaharlal Nehru Road Kaloor

JANUARY MONTHLY MEETING

Farewell to IMA House

Date : 31.1.2007 (Wed.) ■ Time : 8.00 p.m.

VENUE : IMA HALL

SCIENTIFIC SESSION

COMMON SKIN PROBLEMS IN GENERAL PRACTICE

Speaker : **DR. RAJESH SHANKAR MD**
Con. Dermatologist, Cochin Hospital

Meeting Sponsored by

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Approach to a Geriatric patient

Dr. Maria Varghese, Welcare Hospital, Cochin

The elderly population needs a different approach compared to regular patients because of their heterogeneity, and atypical presentations. Increasing age brings disability and frailty. The focus in geriatric care is on function rather than on the problem alone, on care rather than cure and on the maintenance of independent living. It is also important to prevent iatrogenesis.

It is important to recognize the geriatric giants viz. immobility, confusion, falls, incontinence, dizziness, imbalance, pressure, sores, and fatigue. A geriatric functional assessment includes a) Cognitive function by MMSE b) Activities of daily living like feeding, transfer, bathing, stair climbing, bowel & bladder incontinence etc. c) Instrumental activities of daily living including meal preparation, housework, laundry, shopping, managing finances, using telephone.



d) Ability to ambulate by the get up and go test and e) geriatric depression

scale. Only one third of functional decline is due to actual aging, one third is attributable to disease, and remaining is due to disuse. The elderly have a limited ability to bounce back from physiological insults. This is a concept known as Homeostenosis. While working with older patients, one should be patient, optimize communication, make the patient feel safe and comfortable and also get a full medication list. The basic benefits of geriatric assessment include increased diagnostic accuracy, improved functional status, improved survival, decreased hospital use and costs and decreased medication use.

BUILDING PROJECT NEWS

Dear colleague,

Happy New Year ! The Launch meeting of our Mega Project went on very well. More than 400 doctors attended the glittering function. It was a great moment for Cochin IMA. Now the real action begins. The "Bhoomi Pooja" will be on the 1st February.

The "piling" will start by 15th Feb.. We should complete the building in 24 months time. Money is everything - every member has to make a little sacrifice for the project.

Fixed (Term Deposit) : We need 2 crores urgently - those who have not deposited already, please do so in deposits of one lakh, 50,000 etc. You may please contact Shabu or Hari.

Club Membership : All are requested to submit Rs.10,000/- as first installment of the Club membership fee.

Overseas (NRI) Club membership : This is our biggest hope for mobilizing money. Everyone of you have at least one or two people (doctor friends) working abroad. Kindly contact them with the Brochure and coax them to become club members. Ours will be one of the best clubs in the whole south India.

The magic box (Treasure chest) : Many people have already started putting money into the magic box, why not you also take it up ?

Dr. V.P. Kuriyipe



IMA HOUSE PROJECT LAUNCHING

It was a never expected crowd, it was a never expected success. All credit goes to the vibrant Cochin IMA members and their family. This was something unheard in the history of any organization. Thanks to the leaders.

A grand gala launching, absolutely no other comments, that was the IMA Cochin Project take off. Let us hope it will have a smooth landing as our ISRO done in its space mission of SRE 10. Many state leaders and central leaders were present on the occasion. State President Dr. C.K. Chandrasekharan himself came to pay tribute to our project. There is absolutely no doubt that this project with the convention centre, studio apartments and the club will be most wanted spot in the ensuing years in Cochin. I salute the great visionaries who is trying to implement it, especially the Project Committee headed by Dr. V.P. Kuriyipe, Dr.S.S. Kamath and Dr. V. Benny Thomas. If everything goes well we may be able to shift to the new place in 18 months or at least in 24 months. So come everybody, let us build our home in new zest and enthusiasm.

Let us remember at this juncture the old stalwarts of IMA who built the present IMA House way back in 1971 under the leadership of Dr. M.A. Urumese Mampilly with great support from people like Dr. Sabhapathy and others - a real tribute to their vision and dynamicity.

LONG LIVE IMA COCHIN.
Dr. Augustine Mampilly

IMA DOCTORS STRIKE CALL ON JANUARY 12TH, 2007

This is an act of wisdom by our state IMA leaders which was misinterpreted or misanalysed by the public in Kerala and most pathetically by our doctor community. The main aim of the strike was to ensure the follow up of Supreme Court verdict of 1994 and the real implementation of the circular memorandum of the Kerala Govt. dt. 18th December, 2006. No doctor should be inducted with the charge of murder under Section 304 (A) of IPC whenever a patient dies in hospital or as part of treatment. An officer not below the rank of DySP should be the investigating officer and he can proceed to file a case in a court only if a recommendation of the committee consisting of DMO of Health, Public Prosecutor, Police Surgeon, and a senior Govt. doctor of the same speciality approve it. This was totally violated in the incident of MCH Kottayam. IMA was totally successful to bring up this point to the public and to the govt. officials and was able to expose the inadequacies in public health sector especially, in medical colleges. IMA said categorically that it won't support any corrupt doctor or any illegal act which is against our medical ethics. There were confusing statements from all the corners of medical profession. But IMA proved beyond doubt it is the only powerful body with a powerful will to tackle present problems of medical profession in the country.

If not defended on the right time our rights, the only choice will be a defensive medical practice and most of the injured patients will die on the road than in the hospitals. But remember that it may be you or me or any other unlucky person of independent India. That will be a shame to the medical profession. So beware of the future of our medical profession and try to tackle it now. UNITED WE STAND, DIVIDED WE FALL.

WOMENS WING

Continue with zest their social and medical commitments to the society.

Cochin Clinical Society www.cochinclinical.org

Trophy for the best meeting of 2006 is for AIMS. The last meeting was held at Hotel Wyte Fort. Dr. Sachidanandan, Orthopedic Surgeon, Sudheendra Medical Mission Hospital got the prize for best presentation

Next meeting is at AIMS on 15.2.07 at 8 PM .

BLOOD BANK DECEMBER 2006

Total 1415 units of blood were collected and 3146 units of blood and its components issued. Patients in 82 hospitals were beneficiaries. 7 blood donation camps were conducted.

Golden Jubilee Reunion of
CALICUT MEDICAL COLLEGE ALUMNI
Ernakulam Dt. - All Batches from 1-44
SUVARNA SANDHYA
5.30 p.m., Sunday, 25th Feb. 2007
Hotel Renaissance, Kochi
Contact
Dr. V.D. Pradeep Kumar - 98472 60677
Dr. M. Narayanan - 93886 37109
Dr. Murugesh Sukumar - 98957 99625

A lazer view of the launch...

