



The meeting in the month of May was held at Medical Trust Hospital. Dr. Jilse George chaired the session. Dr. Sunil K. Mathai presented an interesting case of Gastric Eosinophilic Infiltration, Strongeloidoses and while on steroid therapy active tuberculosis was detected. This patient was treated and had a dramatic response. This was followed by Dr. Panchal who presented a case of renal failure in a road traffic accident. Initially this child had renal failure which is treated with dialysis subsequently had fluctuating levels of renal function and on further evaluation was found to have extravasation of urine due to bladder injury. This was followed by a case of anemia presented by Dr. Annamma Babu in a lady with who had fibroid uterus and was treated with hysterectomy. She emphasised the need to look into chronic blood loss in anemic ladies. Last case was presented by Dr. Babu John Mathews a case of hepatitis, aseptic meningitis which on detailed evaluation turned out to be due to hepatitis E. Dr. Jilse made this meeting very active with his comments and the high tea was good.

### WIMA ACTIVITIES - MAY 2008

It was another month of hectic activities. The highlight of this was the Review and Planning workshop of the State Women's Wing held at the IMA Blood Bank hall. This was attended by the state chairperson, secretary and Treasurer. Health talks through print, visual and electronic media were conducted as usual. The general body meeting saw an active participation of our members.

The next meeting will be held on 28th June 2008 at the Welcare Hospital at 2:30 pm. Mrs. Ufakshan Khatai will conduct an exclusive demonstration on Kashmiri cooking.

**Dr. Maria Varghese**  
Chairperson



## THOUGHT TO PONDER ON DOCTORS' DAY

*New Oath prepared by Dr. Leo Rebello*

I, \_\_\_\_\_, do hereby swear on this solemn day that :

I shall NOT prescribe unnecessary medicines and tests to my patients;

I shall NOT give false counseling;

I shall NOT overcharge and accept cuts and gifts;

I shall NOT rape tiny tots with inoculations or vaccinations, for they pollute the blood stream of small children leading to serious diseases like AIDS, Cancers later in life;

I shall NOT prescribe lethal drugs, like anti-retroviral, chemotherapy, or give ECT to my patients;

I shall NOT be afraid of any authority and fabricate medical records or give false evidence;

I shall NOT exploit students studying under me;

I shall NOT manipulate findings or results to win grants.

I, \_\_\_\_\_, further solemnly affirm that :

If I cannot treat a disease, I shall not say that AIDS, cancers, diabetes has no cure. But will tell the patient to try other systems of medicine.

I shall treat health practitioners of other systems with respect and not tell deliberate lies to prove my importance.

I shall study holistic healing modalities to increase my knowledge and wisdom.

I shall not even by mistake say that HIV=AIDS=death or cancers cannot be treated.

I shall not frighten my patients with unnecessary comments, opinions or advice.

I still remember what Hippocrates said, namely, "Let diet be your medicine" and shall accordingly prescribe fresh fruits, vegetables and good diet to my patients, rather than tonics, syrups, synthetic multi-vitamins, specially to children.

I shall NOT perform surgery, unless it is absolutely must and will not indulge in rackets like amniocentesis, caesarian section, silicon implant or liposuction.

I shall work to ban the useless and cruel animal experiments in the name of medicine.

I shall participate in periodic workshops, seminars, conferences at my expense or on scholarship (no pharma funding) to educate myself and speak from my conscience if I am called upon to speak or preside.

Finally, I realize and aver that a great responsibility of people's well-being is upon my shoulders and I shall carry on my onerous task with utmost dedication.

This I swear in the name of God on this solemn Doctor's Day and I shall repeat this oath daily lest I forget that I am in a divine profession to heal the world.

*Oath written and administered by*

**Dr. Leo Rebello**

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## SCENES FROM WORLD NO TOBACCO DAY CELEBRATIONS ON 31ST MAY 2008



## VICTORY MEDICAL SUMMIT

Venue : Rajiv Gandhi Indoor Stadium

Date : July 7-9, 2008

Scientific session by IMA

alongwith honoring of Senior IMA members

**IMA BLOOD BANK - STRENGTHENING THE FRONTIERS**

The prestigious IMA Blood Bank accredited by NACO as one of the best blood banks in the country is now facing a progressive reduction of consumption of blood components. Many of the hospitals have their own blood bank and are not utilizing our products. To ensure the best quality and safety the Blood bank adopts the following:

- 1) Best quality bags are used to prevent infections. Red cells are processed leucocyte free to minimise transfusion reactions. For this special bags and procedures are needed making the component costlier.
- 2) Meticulous care is taken regarding tests of blood for safety. Antigen antibody kits are used to obviate window period infections. This blood bank is the only one doing malaria screening by QBC the most reliable concentrated technique. All the tests are done without pooling hence accurate and safe. Rapid tests are never done as they are unreliable. All Elisa kits are of the highest quality, hence costlier.
- 3) We are giving free blood to poor and needy as well as Hemophiliacs, Thalassaemics and Dialysis patients.

When services are rendered without cutting corners. It tends to be costlier but nevertheless the best.

The Blood Bank is calling forth the hospitals who can stock blood in bulk as this could be done at a discounted rate. Bulk plasma orders can be dispensed without replacement.

The IMA members and hospitals should spread this awareness and encourage the practice of using our blood bank products.

**Dr. Narayanankutty**  
Secretary, IMA Blood Bank

### BLOOD BANK NEWS MAY 2008

Total 1435 units of blood were collected and 2523 units of blood and its components issued. Patients in 90 hospitals were beneficiaries. 10 blood donation camps were conducted.

**Dr. K. Narayanan Kutty**, Secretary, Blood Bank

### IMA CHARITABLE MEDICINE BANK

Working Hours : 10.00 - 2.00 p.m.

Medicines donated by :

- |                       |                          |
|-----------------------|--------------------------|
| Dr. Sujith Vasudevan  | Dr. Biren J. Thoompunkal |
| Dr. Vijayalakshmy     | Dr. M. Narayanan         |
| Dr. N. Krishna Iyer   | Dr. S.S. Kamath          |
| Dr. Anand             | Dr. B. Jayakumar         |
| Dr. Sreenivasa Kamath | Dr. T. Sumukhan          |

**Dr. N. Gopalakrishnan**, Convenor