



# IMAFEST NEWS

53rd Annual State Conference, IMA Kerala State Branch ■ 12,13,14 Nov. 2010 ■ IMA House, Cochin

**All members of IMA Cochin are to become Reception Committee members. Please register during June-July.**

12th November (Friday)

- State Working Committee Meeting of IMA
- Managing Committee Meeting of Schemes
- Sports / Games Competition
- Sight seeing trips (excluding SWC members), Shopping trips etc. for spouses and children
- IMA Women's Wing General Body Meeting
- Dinner with entertainment programmes

13th November (Saturday)

- Scientific Session, Grand IMA Medi-Quiz programme
- State Council Meeting
- Games / Sports competition for ladies and children
- Sight seeing, Shopping trips for spouses and children
- Memorial service
- Banquet with mega entertainment programme

14th November (Sunday)

- Public function
- Installation of office bearers
- Award presentation
- Ordinary State Council Meeting

**CME & Grand IMA MediQuiz on 13th Nov., Saturday**



Dr. Sreekumar Vasudevan (State President) officially releasing the Brochure in the State Working Committee Meeting held in IMA Hall, Calicut on 13th June. Also seen are Dr. Rajagopala Nair (State Secretary), Dr. V.C. Velayudhan Pillai (Past National President), Dr. N.S.D. Raju (Vice Chairman, IMAFEST) and Dr. V.D. Pradeep Kumar (Gen. Convenor).

**Banquet and scintillating entertainment programmes.** Spouses and children of all Reception Committee members are welcome to join.

**Bumper prize for lucky delegates.** 3 day free stay for 2 adults + 2 children in Darjeeling / Manali / Kodaikanal



Dr. V.P. Kuriyipe, Organising Chairman releasing IMAFEST 2010 Brochure at IMA House, Cochin on 6th June

**REGISTER EARLY AND WIN FABULOUS PRIZES.**

## TRADE EXHIBITION

50 Airconditioned Stalls. Please canvas for the participants in the Trade Exhibition.

**Target registration 5,000 members across Kerala. Mobilise your friends / classmates / colleagues to register well in advance.**

No. 84 June 2010

President : Dr. Joy Joseph Hon. Secretary : Dr. Sunny P. Orathel Hon. Treasurer : Dr. K.C. George

## HEALTH SECTOR IN KERALA TO BECOME STANDSTILL ON 30TH JUNE (WEDNESDAY)

The State President Dr. Sreekumar Vasudevan has called for a **STRIKE** on the 30th June 2010 for pressurising the Government to pass the Bill to **PREVENT HOSPITAL ATTACKS**.

All members are requested to co-operate with the **STRIKE** by closing down all Out Patient Departments from 8 am to 8 pm.

There will not be any planned surgeries on 30th June. Emergency services are not to be affected.

The KGMOA, KGMCTA, KGIMOA, CPHA (Confederation of Private Healthcare Association), CHAI (Catholic Hospitals Association of India), QPMPA, House Surgeons Associations, Medical Students Association are all together with IMA.

Members are to refrain from practice at residence as well, on this day.

State President and Secretary are on a **SANDESH YATHRA** from Kasaragode to Trivandrum starting from 16th June. They will reach Cochin on 20th June, Sunday. A meeting of all the office bearers of IMA Branches in Ernakulam district with the State President is scheduled to be held in IMA House.

There will be a **RELAY HUNGER STRIKE** in front of Secretariat from 24th to 29th June. Members from all the Branches across Kerala are expected to participate in the **RELAY HUNGER STRIKE**. 29th June will be the turn of members from Ernakulam and Trivandrum districts. If you are willing to participate in the **RELAY HUNGER STRIKE**, please inform the Secretary, IMA Cochin Branch.

You are also requested to exhibit **POSTERS AND STICKERS** supplied by our Branch, in front of your consultation rooms and at prominent places in and around your hospitals, to sensitise the public regarding the **STRIKE**.

## MONTHLY CME

Date : 23.6.2010 (Wednesday), 8.00 p.m.

Venue : IMA House, Kaloor

TOPIC & SPEAKERS

### 1. PAEDIATRIC ONCOLOGY- WHAT HAVE WE ACHIEVED?

Dr. Yamini Krishnan  
Paediatric Oncologist, Lakeshore Hospital & Research Centre, Kochi

### 2. SURGICAL ONCOLOGY - TODAY

Dr. Vijayakumar  
Head of Dept.- Surgical oncology, AIMS, Kochi

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## President's Column

Dear Colleagues,



The IMA State President has called for a strike on the 30th of June, 2010 and to boycott the O.P. in all Clinics, Private and Govt Hospitals throughout the State. This is to open the eyes and ears of the authorities to introduce the bill on HOSPITAL ATTACK PREVENTION AND PATIENT PROTECTION in the Kerala Assembly and to make it a law which will make such incidents a cognizable offence and non-bailable crime. All members and Hospital authorities are requested to co-operate in the matter. Emergency services are not to be affected and due care to patients should be given in such situations.

The State Conference preparations are in full swing. Please become Reception Committee members as soon as possible. All members of Cochin IMA should compulsorily become Reception Committee members and be host of the big event and make it a big success and a memorable one.

With regards,

Dr. Joy Joseph

## Previous month Scientific Session

### INFLAMMATORY BOWEL DISEASE

The CME during the last IMA meeting held on 26th May 2010, was conducted by the Cochin Gut Club. The theme was Inflammatory Bowel Disease (IBD). This topic was selected because the World Gastroenterology Organisation has named the year 2010 as the "Year of Inflammatory Bowel Disease". Moreover May 29th was the World Digestive Disease Health Day.

The CME was chaired by Dr. K. Prakash, the President of Gut Club and GI Surgeon of PVS Memorial Hospital. The speakers were Dr. Varghese Jaison, Consultant Gastroenterologist, Lourdes Hospital, Dr. Geetha Sanil, Pediatric Gastroenterologist, AIMS Hospital, Dr. Charles Panakal, Consultant Gastroenterologist, Medical Trust Hospital and Dr. Byju Kundil, Consultant GI Surgeon, Lakeshore Hospital.

Dr. Varghese Jaison gave an overview of Inflammatory Bowel Disease. The main diseases which come under the category of IBD are Ulcerative Colitis, Crohn's Disease and Indeterminate Colitis. He discussed on the clinical features, extraintestinal manifestations and investigations which need to be carried out in a



patient with IBD. He also stressed the points to differentiate IBD from Irritable Bowel Syndrome (IBS). Colonoscopy forms a major investigation to differentiate these two illness.

Dr. Geetha discussed IBD in children. It can be seen from infancy to adolescent age

group, even though the disease predominates in the latter. The presentation in children differs, with failure to thrive being a major manifestation. In smaller children the main differential diagnosis is immunodeficiency states.

Dr. Charles talked on the overview of IBD management. The main stay of treatment is using Steroids to induce remission and immunomodulators, 5-ASA and biologicals to maintain remission. Various treatment options like Step up and Top down treatment algorithms were also discussed.

Dr. Baiju talked on the indications, types of surgery etc. in IBD. He also discussed about the various pouches after colectomy in ulcerative colitis and its complications.

Prepared by Dr. Varghese Cherian

## HONOURING PADMASREE DR. PHILIP AUGUSTINE....



Dr. G.N. Ramesh formally introducing Padmasree Dr. Philip Augustine to the audience



Padmasree Dr. Philip Augustine handing over the cheque for institutional membership of Lakeshore Hospital to Dr. V.P. Kuriyipe



IMA Cochin President Dr. Joy Joseph adorning Ponnada on Padmasree Dr. Philip Augustine



Padmasree Dr. Philip Augustine accepting Padmasree Award from President Smt. Prathibha Singh Patil.

## Secretary's Desk

Dear Colleagues,

Cochin IMA conducted a survey of doctors in and around Cochin and found that 20% doctors are not members of any IMA Branch. To the great surprise of all, 50% of IMA members are not members of Professional Protection Scheme and 60% of them are not even members of Social Security Schemes. The advantage of becoming members of various Schemes has been highlighted through the Newsletter many times. As of today Social Security Scheme I provides Rs. 12 lakhs and Scheme II provides Rs. 9 lakhs in case of demise of a doctor (Total 21 lakhs).

When one of our colleagues died last month after a brief illness, we checked his name in the list of IMA. To our great disappointment, he was not a member of IMA and hence IMA couldn't support his family. Therefore, I request all IMA Member to inspire our fellow doctors to become IMA member and member of various Schemes. We are ready to contact those who are not able to come to our office for completing the membership formalities.

With regards,

Dr. Sunny P. Orathel

**SWIMMING COACHING FOR MEN**  
Interested Lagoon members may please contact Reception Ph : 3118081

## EMERGENCY DTF MEETING ON 6TH JUNE



## WIMA ACTIVITIES - MAY 2010

Conducted adolescent health classes and premarital classes at various centres. Medical Camps at Sunrise Hospital and one at Mulavukad. Write up on caesarian section in Stree Magazine by Dr. Girija. Clothes distributed at Govt. Home for Disabled. Dr. Mollykutty donated Rs.20,000 for Karunyasaramam, Dr. Chandrika donated Rs.2,600 for poor school kids, Dr. Soge donated Rs.5,000 for the orphanage.

Next WIMA meeting will be on 25th June, 2.30 pm at IMA House - Yoga demonstration.

