

MSc Minimally Invasive Robotic Surgery & MBA Hospital Administration

Available from this September

Faculty of Health & Social Care



MSc Minimally Invasive Robotic Surgery

The MSc in Minimally Invasive and Robotic Surgery is delivered by a team of world leading experts in the field of minimally invasive surgery and aims to meet the personal, professional and educational requirements of Surgeons continuing their professional development within the clinical field of Laparoscopic Surgery.

The course focuses on the following areas:

- Principles of Minimally Invasive Laparoscopic and Robotic Surgery – Gastrointestinal
- Principles of Minimally Invasive Laparoscopic and Robotic Surgery – Vascular
- Principles of Minimally Invasive and Robotic Surgery – Gynaecology
- Principles of Minimally Invasive and Robotic Surgery – Urology

MBA Hospital Administration

This healthcare specific MBA will enable you to advance your knowledge of the management theories and practices that are essential in the successful running of a healthcare environment such as a hospital.

The course focuses on the following areas:

- Finance, Accounting and Marketing Health
- Strategy Management in Health and Social Care
- Enabling Leadership in Health and Social Care
- Advancing Professional Decision Making

For further information call:

+44 1245 493131

email: fhscadmissions@anglia.ac.uk

www.anglia.ac.uk/fhsc/int



Hon'ble Minister for Excise and Ports Mr. K. Babu inaugurating the distribution of medical privilege card for Press Club members at Cochin on 30th May 2011



Shri Anna Hasare at IMA House



Shri K. Sankaranarayanan, Hon'ble Governor of Maharashtra at IMA House

WORKSHOP ON COMMUNICATION SKILLS

IMA Institute of Medical Sciences, Kerala is organising a State level TOT workshop on communication skills will be held on Sunday, 3rd July from 10 am to 5 pm at IMA Hall, Aluva. Members who wish to attend this programme may please contact Secretary at 93887 37109.

IMACGPCON 2011 AT PERINTHALMANNA

CGP Conference 2011 of IMA Kerala State Branch will be held at Kalyani Auditorium, Angadippuram, Perinthalmanna on 26th June 2011, hosted by IMA Perinthalmanna. For more details contact Dr. Shanavas K.P., Convenor, IMACGPCON 2011, Dept. of Orthopaedics, EMS Memorial Co-op. Hospital, Perinthalmanna 679 322. Mob : 94953 24280, 98473 72759 Email : drshankp@gmail.com, sharafkpd@yahoo.com

SWIMMING CLASSES FOR MEN

Swimming coaching for men (Lagoon members) will start on 1st of July. Fee is fixed at Rs.1,000/- per head for one month. Please register with Mr. Vinayan 98471 92279 / Mr. Christopher 9388359122 before 30th June.



Shri K.V. Thomas, Central Minister for Consumer Affairs, Food and Public Distribution inaugurating Medical Camp organised by IMA Cochin at General Hospital, Ernakulam on 12th June, Sunday.

MONTHLY MEETING

29TH JUNE, 2011 (WEDNESDAY) ★ IMA HOUSE

ONCOLOGY FOR NON-ONCOLOGISTS

Dr. V.P. Gangadharan (Senior Oncologist) & Team, Lakeshore Hospital, Kochi
9.15 pm - Reception to **Mr. Ajithkumar IPS**, City Police Commissioner, Kochi

Doctors Day Celebration

1st July, 2011

2.30 - 3.00 pm
7.30 pm onwards
8.00 pm

'DrLive' Programme on Asianet News

Free Blood testing for IMA members – Lipid Profile, SGPT, SGOT, Hb A_{1c} for Diabetics, PSA for males above 50

Meeting at IMA House
Chief Guest : Shri K.M. Roy, Senior Journalist
Dr. Kalyani Devi, Senior Gynaecologist & Dr.K.R. Ravi Varma, Senior Pediatrician will be honoured at the function.

Best Compliments from the Makers of :



an alkerm group company

TRAXOL 250 mg / 500 mg / 1 g
Ceftriaxone Sodium Injections

NE-400
Natural Vitamin E Softgels

cadbe
Multivitamin + Multimineral Softgels/Syrup/Drops

PRESIDENT
Dr. S. Sachidananda Kamath
Welcare Hospital, Vyttila, Cochin 682 019
Ph: 0484-4091111(O), 2362774(R)
Mob : 98470 57766, Email : sskamath@vsnl.net

HON. SECRETARY
Dr. M. Narayanan
34/2254-A, 'Sarovaram', Mamangalam, Cochin 682 025
Ph: 0484-2347744 (R)
Mob : 93886 37109, email : drmn63@gmail.com

TREASURER
Dr. Varghese Cherian
Lourdes Hospital, Pachalam, Cochin 682 012
Ph: 0484-4123456 (O), 2345077(R)
Mob : 94006 45077, Email : drbobbyvc@yahoo.co.in

WIMA ACTIVITIES - MAY

07.05.2011 : Premarital Counselling at Renewal Centre, Ashirbavan by Dr. Dereena. **12.05.2011**: Dr. Dereena was one of the speakers in the 'Pioneer Build Up Programme' conducted by Assissi Vidyanikethan School. **05.05.2011**: Dr. Nandini spoke about 'Men and Cosmetic Allergies' in the *Samakalikam* programme of FM Cochin Radio. **10.05.2011** : Dr.Lissamma talked on pregnancy related problems in Marine Dish TV. **13.05.2011** : Dr. Lissamma participated in 'DrLive' programme of Asianet. **27.05.2011** : Live programme in FM Radio on Paediatric Health Problems by Dr. Manju. **Medical Camps** : Bone Densitometry Camp by Dr. Soje Kurian **Publications** : Dr. Nandini's Article on school uniforms, was published in Manorama Arogyam. **General Body meeting** was conducted on 28.05.2011 at IMA House .Yoga Demo by Mrs.Indira Joseph was well appreciated by the members.

CONGRATULATIONS !



Dr. K. Madhukumar and **Dr. M. J. Thomas** elected as State Secretary and State Treasurer of Academy of Pulmonary & Critical Care Medicine respectively.

OBITUARY



Dr. Prakash B., life member of IMA Cochin Branch left us on 5th May 2011 at the age of 50. He has served as member of executive member of IMA Cochin. Dr. Prakash was working in Kerala Govt. Health Service at PHC Kakkanad. He is survived by his wife Jayasree, Asst. Town Planning Officer in Cochin Corporation and two sons Ganesh and Giridhar.



Dr. K.P. Mathew, Senior Ophthalmologist aged 87 expired on 7th May 2011. He was formerly head of the Dept. of Oph., GH Ernakulam and retired as the Superintendent. He also served as the President of Kerala Ophthalmology Society. Dr. Mathew was awarded the prestigious 'For the sake of honour' - the highest honour of Rotary International. Dr. Mathew is the author of the book titled *Ningalude Veetil Oru Doctor*. He is survived by his wife Sofy, daughters Santa George, Sheela Sony and son Dr. Paul Mathew. We extend our heartfelt condolence to their family members and friends.

OUR COLUMN

Dear member,

We had a month full of activities in May. An important development was that IMA Cochin has taken the lead role in forming a Forum - Kochi Health Mission. With more than 17 organisations as members, the Mission aims at playing a major role in health related issues in the city. Its first project is the blood literacy project for which the pilot division selected is Division 40 of Kochi Corporation.

We plan to cover all the 74 Divisions in a year. All are requested to play an active role in making our city blood literate.

We are organising a few programmes on Doctors Day 2011. All are requested to attend them and join in honouring our senior doctors at the function in the evening. Good doctor-doctor relation is equally important as good doctor-patient relationship. Let us all work for it.

Yours in IMA,



Dr. S.S. Kamath
President



Dr. M. Narayanan
Secretary

BLOOD LITERACY PROJECT LAUNCHED

Blood Literacy project, the maiden health programme, recently launched on 14th June 2011 at a function in IMA House. The project aims on detecting the blood group of all citizens within Cochin Corporation limits. The target age group selected is 18-55 years. In addition to blood group detection it is planned to create a donor directory from the data collected.

The Worshipful Mayor of Cochin Shri Tony Chammani inaugurated the project by introducing the programme in Division 40. Shri Hibi Eden MLA and Shri Benny Behanan MLA, Smt. Mini Mol, Councilor were also present.



Worshipful Mayor Shri Tony Chammani inaugurating Blood Literacy Project at IMA House on 14th June 2011.

WANTED DERMATOLOGIST

at Dr. Kunhalus Nursing Home, Ernakulam
Contact : kunhalus@in.com or 0484-2354413, 98473 88995



When Maharashtra Governor Shri Sankaranarayanan and veteran novelist M.T. Vasudevan Nair met at IMA House



Dr. A.V. Jayakrishnan, Secretary, Professional Protection Scheme, IMA Kerala State Branch and Dr. K.V. Devadas, Chairman, IMA - SSSS at monthly meeting of May.



Dr. V.D. Pradeep Kumar and Dr. V.P. Kuriyipe seen addressing members of Ward Committee (40th Division of Kochi Corporation) as part of Total Blood Donor Literacy Programme



Blood Storage Centre of IMA Blood Bank, Cochin was inaugurated at Ernakulam Medical Centre on 1.6.2011 by Mr. C.I. Gopalan (Managing Director). This is the second blood storage centre under IMA Blood Bank. Directors of EMC Doctors and staff attended the function.

MEDICAL CAMP

IMA Cochin in association with Ernakulam Press Club conducted a medical camp for the Press Club family members on Sunday 12th June at the Conference Hall of General Hospital, Ernakulam. The camp was inaugurated by Shri K.V. Thomas, Hon'ble Minister for Agriculture for State. Dr. S.S. Kamath presided. Dr. Sreenath, Secretary, Press Club welcomed. Dr. Junaid Rahman, Dr. M. Narayanan and Mr. Krishnakumar also spoke on the occasion. Dr. Rafeeq, Dr. Paul and Dr. Beena Davis examined the patients. Arrangements were made for detection of blood sugar liver function test and lipid profile of all the beneficiaries. IMA thanks Dr. Junaid Rahman and the staff members of General Hospital for their support.

Medical Privilege Card launched

IMA Cochin Branch in association with Ernakulam Press Club has launched a project of issuing privilege card to selected members of Press Club. This card gives them priority in the outpatient departments of selected hospitals in the City. The distribution of the privilege card was inaugurated at a function held at Press Club, Ernakulam on 30th May 2011. Hon'ble Minister for Excise and Ports Sri. K Babu inaugurated the distribution of the cards.

Exercise is good medicine for preventing and reducing an angry mood

Numerous studies have examined the positive effects of exercise on improving mood. However, little research has been designed to investigate the effect of exercise on feelings of anger. A recent study presented at an Annual Meeting in Baltimore discovered that exercise might have a beneficial affect on anger in men. A research team assessed angry mood and emotions in 16 collegiate men high in 'trait anger.' The subjects viewed anger - inducing scenes before and after 30 minutes of leg-cycling exercise at 65 percent of their maximal oxygen uptake. The investigators measured oscillatory brain activity, the event-related late-positive potential (LPP), and self-reports of anger intensity during picture viewing. "The major novel finding from this study is that exercise protected against angry mood induction, almost like taking Aspirin to prevent a heart attack," said lead investigator Nathaniel Thom, PhD, a stress physiologist.

For advertising
in this Newsletter,
please contact 98460 38143

KOCHI HEALTH MISSION FOUNDED

Kochi Health Mission, a voluntary body for promotion of awareness and remedial measures on health related issues in our city has been founded. IMA has taken the lead role in its formation and our President is President of KHM. Mr. Antony Joseph of Y'smen Club is the founder Secretary. Other member organisations include Y'smen Club, Rotary Club, Kochi City Action Force, Resident Association, Kerala Meschanti Union, Vyapari Vyavasayi Ekopana Samithi, Redcross Society, St. Albert's College Alumni, Computer Society of India and Magician's Forum.

The District Administration and Cochin Corporation have extended their full support to the service activities of this organisation.



IMA Cochin President Dr. S.S. Kamath planting a tree at the IMA House in connection with World Environment Day

AWARDS TO TOPPERS

IMA Cochin gives cash awards to the children of our members who topped in CBSE 10th and +2 exams 2011. Applications with supporting evidence should reach our office on or before 26.6.2011. Award distribution in the General Body Meeting on 29.6.2011.

EPIDEMIC CONTROL : IMA ACTIVITIES

In the wake of some cases of Dengue, Chikungunya and Japanese B fever reported from different parts of the State, there is an imminent danger of an epidemic like situation in our State with the onset of monsoon. As a professional body, IMA has to take lead in the prevention and control of outbreak of communicable diseases. Kindly report these cases to our office from where we will be reporting to the State office.

IMA COCHIN CULTURAL WING

Dr. Mohan G. Madhavamangalam, Convenor of IMA Cochin Cultural Wing has announced the names of its members at the Executive Meeting on 8th May 2011.

Chairman : Dr. M. Venugopal, Members, Dr. N.S.D. Raju, Dr. Junaid Rahman, Dr. Zia Mydeen, Dr. Madhukumar, Dr. Sagar, Dr. T.N. Chandrika, Dr. Lisamma Joseph, Dr. Sheela Mohan, Dr. Nandini Nair, Mrs. Remani Johnson.

WORLD NO TOBACCO DAY OBSERVED

IMA Cochin Branch in association with District Administration, NRHM and Cochin Corporation observed World No Tobacco Day.

Dr. Maria Varghese, Joint Secretary, led IMA in the Walkathon held on the same day.

MEDICINE BANK

The following members donated medicines to IMA Medicine Bank in the month of May.

1. Dr. Sujith Vasudevan
2. Dr. Sreenivasa Kamath
3. Dr. K.K.R. Warriar
4. Dr. Pramod Warriar

WORLD ENVIRONMENT DAY

IMA Cochin observed World Environment Day on 5th June, 2011. We planted trees in the premises of IMA House. Dr. S.S. Kamath represented IMA in the programme organised by District Administration.

Welcome New Members (Joined from 1st Oct 2010 to 15th May 2011)

1. Dr. Abdul Basheer
2. Dr. Ameena Basheer
3. Dr. Anjana Devi R.
4. Dr. Anju C. Mathew
5. Dr. Arun Ravindran
6. Dr. Asha Anand
7. Dr. Ashok S. Komaranchath
8. Dr. Bhaskar Ranganathan
9. Dr. Cyriac P.J.
10. Dr. Danny George
11. Dr. Elizabeth George
12. Dr. George Paulose
13. Dr. Jacob Chacko
14. Dr. Jacob J.
15. Dr. Jaya S.
16. Dr. Jayasankar S.
17. Dr. Jayasree M.G.
18. Dr. Jikku Haniball
19. Dr. Jiss Joseph Panakkal
20. Dr. Jithendra
21. Dr. Joan Karen Meyn
22. Dr. John M. Manipadam
23. Dr. Joseph Thomas A.
24. Dr. Jyothilakshmi
25. Dr. Kalaimathi G.S.
26. Dr. Kenny Thomas
27. Dr. Krishnadas Menon
28. Dr. Kuruvilla Varkey
29. Dr. Madathil Rajesh Nair
30. Dr. Meera James
31. Dr. Mini P.
32. Dr. Misha Raju
33. Dr. Molly Ittoop
34. Dr. Naveen Viswanath
35. Dr. Neethu K. Kumar
36. Dr. Nisha Bhavani
37. Dr. Nitha G.
38. Dr. Nitha S. Nair
39. Dr. Nittu A. Komaranchath
40. Dr. Pramod Chirakkal
41. Dr. Puthussery S. Chacko
42. Dr. Rajagopal Rajeev
43. Dr. Rajashree Menon
44. Dr. Rajendran Ullatil
45. Dr. Rajesh G. Pillai
46. Dr. Rajesh K.
47. Dr. Raju R.
48. Dr. Rakhi S. Anand
49. Dr. Reena M.M. Meyn
50. Dr. Reshmi G.
51. Dr. Roland Chungath V.
52. Dr. Rose Tresa George
53. Dr. Saji P.I.
54. Dr. Saju M. Parathanathu
55. Dr. Salima A. Salam K.A.
56. Dr. Shaji A.K.
57. Dr. Sheena Liz Mani
58. Dr. Shyam Sundar P.
59. Dr. Shyam Sundar S.
60. Dr. Sreelatha Warriar
61. Dr. Sujatha M.
62. Dr. Suma Mary D.
63. Dr. Sunu Joseph
64. Dr. Tanya T. Mampilly
65. Dr. Teena Lal Thomas
66. Dr. Thomas C. Kandathil
67. Dr. Thomas Stephen
68. Dr. Thresiamma
69. Dr. Tojo Thomas
70. Dr. Unnikrishnan Nair
71. Dr. Vinayan K.P.