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For Aggressive Lipid control



ASTIN-10

Atorvastatin 10 mg tablets

For Intensive LDL-C Control

Ezevas

Ezetimibe 10 mg + Atorvastatin 10 mg Tablets

In Mixed Dyslipidemias

Fibrovas

Micronised Fenofibrate 200 mg + Atorvastatin 10 mg Tablets

PRESIDENT'S NOTE



Dear Colleagues,

Although the participation in our IMA family nite was not as expected, even with an elaborate arrangement made by me, I am happy to note that it went on very well. Thanks for all the participants.

The club membership response is also very good. Our members have gone abroad to get NRI doctors for our project and the expectation really got fulfilled. Let us strive hard to complete our project. It is a dream project of our branch, which should be envied by any branch in INDIA. Please do cooperate in all respects.

With warm regards,
Dr. V. Benny Thomas

The summer vacation is coming to an end, The monsoon is in the offing, and the school is going to reopen. Happy academic new year, and happy monsoon days for all IMA members & siblings.

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Clinical meeting of April 2007



Cine artist Capt. Raju inaugurating IMA Family Nite

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SECRETARY'S COLUMN

Dear friends,
The response of our members and the doctor community to take membership in IMA family club is appreciated very well by the Project Committee. It is definitely an encouraging one, but we are in need of a great more participation for the completion of our mammoth project. There is an emergency need of adrenaline in our IMA activities. Somebody has to really pump in.

The monsoon is at the door-step and the schools to reopen. So happy monsoon days and happy school and college days for all the IMA siblings.

With warm regards,
Dr. Augustine Thomas Mampilly

MAY MONTHLY MEETING

Date : 30.5.2007 (Wed.)
Time : 8.00 p.m.

VENUE :
HOTEL INTERNATIONAL
M.G. Road, Ernakulam

SCIENTIFIC SESSION

A PRACTICAL APPROACH TO HYPERTENSION

(Based on International publication)

Dr. George Thomas
Cardiologist
Siloam Clinic, Panampilly Nagar
and Indira Gandhi Co-operative Hospital
Gandhi Nagar

Meeting sponsored by
MERCK LTD.
MUMBAI

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DRUGS & KIDNEY

Dr. Kishore Dharan, Dr. Babu Francis, Dr. Jose P. Paul, Dr. Binu Upendran

The idea of the session was to go through the effects of some commonly used drugs on the kidney, in which class of patients special precautions must be taken and ways to minimize renal side effects of these drugs.

Dr. Kishore Dharan spoke on radio contrast nephropathy, where elderly people, people with pre-existing renal failure and diabetic nephropathy were prone for developing complications. The simple way to minimize complications was to hydrate the patients well prior to contrast administration, especially with saline loading.

Dr. Babu Francis spoke on NSAID renal toxicity in elderly

patients, and patients with pre-existing renal failure were specially prone for NSAID nephrotoxicity. Therefore it is better to avoid NSAIDs in these populations.

Dr. Jose spoke on ways to minimize aminoglycoside nephrotoxicity – i.e. to monitor S. creatinine once in every 3 days, using once daily doses of aminoglycosides, and to restrict its use to less than 7 days at a time.

Dr. Binu Upendran spoke on ACEI & ARBs – to recognize population prone for ACEI/ ARB nephrotoxicity is to monitor S. creatinine and S. kt within one week after starting ACEI/ARB – if there is a rise in S.Creat >25% from baseline to stop ACEI/ARB.

IMA DOCTORS' FAMILY CLUB

We really need more members to be in the Club. The response so far is very good. But a long way to go to make it really viable and active. We got a new membership drive plan. Please inform us about your friends who will be interested to join. It will definitely be a life time investment for your family – an exclusive professional family club. Any doctor with an MBBS basic degree in or outside India can join. Please hurry up.

Dr. K. Narayanankutty
Chairman

Dr. Augustine Mampilly
Convener

Club Committee

IMA MEGA MEDICAL CAMP

The proposed camp is at Vypeen Island in the month of July. It is a multispeciality camp and all the speciality groups should co-operate. Please start collecting medicines for the above purpose. The exact date and venue will be announced in the next newsletter.

BLOOD BANK NEWS APRIL 2007

Total 1572 units of blood were collected and 3538 units of blood and its components issued. Patients in 91 hospitals were beneficiaries. 9 blood donation camps were conducted.

Dr. K. Narayanan Kutty, Secretary

OBITUARY



Dr. Celine K. Abraham, 52 years, Consultant Gynaecologist of Lisie Hospital expired on 25.4.2007 after a protracted illness. She is survived by her husband Mr. K.J. Michael Rtd. Chief Engineer (D.C.I.) and two daughters, Miya Mary Michael and Milu Catherine Michael. She belongs to 1975 MBBS batch of Trivandrum Medical

College and spend more than 15 years in Ernakulam. May her soul rest in peace.

IMA CHARITY FUND

IMA Charity Fund is slowly getting better. We need good financial and medicine support for the mega camp. Please do donate every month Rs.100/- for a good cause.

Thanks to all who really co-operated.

IMA DISASTER MANAGEMENT GROUP

We are reviving the disaster management team for any emergency like the Thattekad tragedy, ammonia leaking at Irimpanam etc. The chemical pollution and other natural calamities and diseases like chickun gunia are going to be routine problems in our fast growing city. So we have to get equipped to compact the menace. Please enroll yourself in the disaster management group. Kindly send your opinion and advices.

COCHIN CLINICAL SOCIETY

Last meeting was at Shree Sudheendra Medical Mission Hospital and best paper presentation was awarded to Dr. Sachidanandan D., Ortho Surgeon.

Next meeting on 14.6.2007 (Thursday)
at 7.30 p.m. At INHS, Sanjivini

WORLD NO TOBACCO DAY

On May 31st IMA is celebrating the WORLD NO TOBACCO DAY called by WHO. Please try to inform your patients and friends regarding the deadly bad effect of tobacco. It is really heartening to note the number of doctors using tobacco has come down drastically.

WOMEN'S WING

April 2007 was a wonderful month with installation ceremony of women's wing of IMA during the Family Nite which gave ample opportunities to our junior and senior artists who could show their ability in the form of dance and music.

Our field of social service - adolescent health programme sex education and HIV/AIDS awareness programmes went on well. These were conducted by Dr. Shantha George, Dr. Lisamma and Dr. Gracy. Microwave cooking class was well attended. There will be pudding demonstration by Mrs. Beena Abraham on 26th May at 2.30 p.m. at Dr. Abraham Paul's residence.



Dr. Maria Varghese
President



Dr. Rosely Devasia
Secretary

