Mark this day in your calendar and be present at our site behind Jawaharlal Nehru International Stadium with your doctor friends in and around Cochin.

We will have the first ever CME session at 11.00 a.m. in the ground floor of newly constructed building.

This will be an opportunity for you to have a look at your dream house of the future.

AZTOR - 5, 10, 20, 40

AZTOR - EZ

BIOGLIT - 15, 30 / MF 15, 30

SUN PHARMA **AVIOR DIVISION** 

REPACE 25, 50, 100 (MG)

PROLOMET

XL 12.5, 25, 50, 100

SUN PHARMA **ARIAN DIVISION** 





**APRIL** 2008

Manikath Cross Road, Cochin 682 016 Ph: 6468466, Email: imacochin@gmail.com, Website: imacochin.org

#### President's Column



I am very happy to inform you that our building project is progressing well. Construction of the 5th floor is already started and at this rate we should be able to complete the project by March next year. In fact our next scientific meeting is scheduled to be held at our new IMA

building on 11th May 2008. Please do attend the meeting and visit our building under construction. The IMA Club Lagoon membership campaign has now gained significant momentum, thanks to your unstinted support and active co-operation. Response from abroad is also very encouraging. Recently our IMA team consisting of Dr. Kuriyipe, Dr. Benny Thomas, Dr. M. Venugopal and Dr. Augustine Mampilly had a successful trip to Muscat and enrolled a significant number of doctors to our Club Lagoon. Our team is again visiting U.S. in June and hope to get good support from there too. In this regard, your help would be very invaluable. Please send us the contact details of your colleagues and friends in U.S.

Yours sincerely, Dr. N.S.D. Raju

#### **WORLD HEALTH DAY CELEBRATED**



Dr. Gangan Prathap, Vice-chancellor, Cochin University inaugurates the Seminar

: 30.4.2008 (Wednesday)

Time : 8.00 p.m.

Venue: Rama Varma Club Centenary Hall

**Topic** 

#### **HYPOTHYROIDISM - A REVISIT**

Moderator: Dr. Geetha Philips

Dr. C.A. Latheef Panelist: Dr. N.N. Asokan

Dr. T.L.P. Prabhu **Dr. Anita Nambiar** 

This event is conducted by

**COCHIN PHYSICIANS FORUM** 

sponsored by **SUN PHARMA** 

### Secretary's Corner

#### Dear colleagues,



The participation of IMA members for the World Health Day and World Hemophilia Day was disappointing. It generates an impression that these days are only meant for the office bearers. Hectic activities are going on all fronts of IMA activities. Special mention is due for

Dr. Gopalakrishnan in-charge of IMA Drug Bank who is conducting medical camps and distributing free drugs.

May 11 is closing in. To have a insight into the future of IMA in Kochi join us for the first CME and project discussions in the New IMA House.

Regards,

Dr. Sunil

Dr. N.S.D. Raju Ranjini Eye Care Vyttila P.O., Cochin 682 019 © (O) 2301955,2301922 Mob: 098955 20000 rajunsd@yahoo.com

Hon. Secretary Dr. Sunil K. Mathai Consultant Gastroenterologist Medical Trust Hospital, Cochin-16 ©(0) 0484-2358001 Mob: 098470 39839 sunilkmathai@gmail.com  $Printed \& published by IMA \ Cochin for circulation among IMA \ members only. \ Designed \& \ Printed \ by \ Pixel \ Studio, \ Cochin-28 \ @ \ 2806 \ 301 \ Bright \ and \ Bright \ among IMA \ members only.$ 

Hon. Treasurer Dr. M. Narayanan 'Sarovaram', Mamangalam Palarivattom P.O., Cochin-25 © (O) 2807101, (R) 2347744 Mob: 93886 37109 drmn@eth.net

# **COCHIN CLINICAL SOCIETY** ww.cochinclinical.org

Last meeting of the Cochin Clinical Society was held at Ernakulam Medical Centre. Dr. P.K. Eapen Chaired the meeting. Prize for best presentation was given to Dr. George Thachil.

The next meeting is at Medical Trust Hospital on 8th of May 2008.

# **ACTIVITIES OF WIMA – MARCH 2008**

As part of the Women's Day Celebrations a special anemia detection camp and talk on "Nutrition and Women" was conducted at the NSS Karayogm, Manummel which was attended by 350 women. Adolescent health continued to be a priority and classes were conducted for students of classes VI-IX at Assissi vidhya Nikethan. Premarital counseling and camps at various churches were conducted on a regular basis. Mrs. Mumtaz Ismail appeared on Indiavision were she conducted a programme entitled 'Diet and Women'. The General Body Meeting on 29.3.2008 witnessed a demonstration on beauty and hair care.

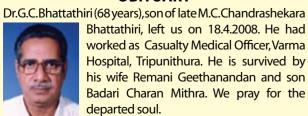
The next meeting of IMA Women's Wing will be held on 26.4.2008 at 2.30 p.m. at the IMA Blood Bank Hall. There will be a demonstration on Microwave cooking.

**Dr. Maria Varghese** Chairperson

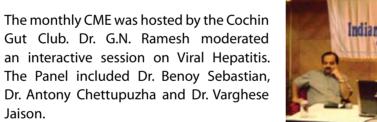


Bridging the generation gap! Sarika works on mother-in-law Dr. Shanthakumari

# **OBITUARY**



# MARCH 2008 SCIENTIFIC SESSION



# **WORLD HEALTH DAY CELEBRATIONS,7TH APRIL**

IMA celebrated the World Health Day with the Center for Monsoon Studies and Scientific Awareness Forum, Ernakulam.

Cochin University Vice-chancellor Dr. Gangan Prathap inaugurated the Seminar. Dr. C.K. Rajan, Honorary Director, Center for Monsoon Studies and Dr. Rajiv N.S., Asst. Professor of Community Medicine, AIMS delivered lectures on Climate changes and health scenario in Kerala. Prizes were distributed for students who won the Essay competition held at General Hospital on the topic 'Protect health from climate changes: Dr. N.S.D. Raju, IMA Cochin President presided over the function, Dr. Dinesh welcomed the audience, Dr. Abraham K. Paul felicitated and Dr. Sunil K. Mathai proposed the vote of thanks.



Certicates are being distributed to the winners of essay competition.



Dr. N.S.D. Raju inaugurates Free Medical Camp organised by IMA Charitable Medicine Bank & South Chittoor Residents Association

# Indian Medical Association

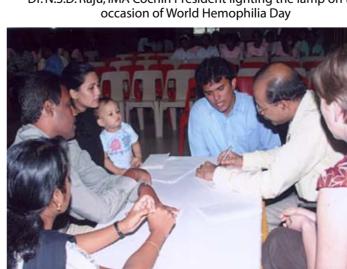


## **WORLD HEMOPHILIA DAY** 17TH APRIL

IMA celebrated the World Hemophilia Day with active participation of Hemophilia Society, Cochin Chapter and Medical Trust Hospital. The meeting was inaugurated by the President Dr. N.S.D. Raju. Dr. P.V. Louis welcomed the audience, Mrs. Shyamala Ramaswamy read out the Report of the Hemophilia Society, Dr. Naryanankutty felicitated and Dr. Sunil Mathai proposed the Vote of Thanks. The Highlights of the Day was a seminar by Dr. Pavithran, AIMS on 'Update of Hemophilia' and a free checkup clinic for hemophilic patients conducted by Dr. Babu John and Mr. Joseph.



Dr. N.S.D. Raju, IMA Cochin President lighting the lamp on the



Dr. Babu John Mathews attending hemophilic patients in free checkup clinic.

# **CONGRATULATIONS!**



Dr.JunaidRehman, Executive Committee member IMA and Civil Surgeon General Hospital won the meritorious Vocational Excellence Award from the Rotary Club of Cochin Midtown.

#### The Tender Loving Care... HAVE YOU ENSURED THE WELFARE **OF YOUR FAMILY?**

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For more details, feel free to contact our resource person Dr. P.M. Subhash Mob: 98463 01141, Clinic 0484-2204158, Res. 0484-2104575.



Hon. Justice Kurien Joseph, High Court of Kerala, inaugurates 30th All Kerala Congress of Obstetrics & Gynaecology on 4.4.2008 (AKCOG) at Cochin

#### . . . . . . . . . . . . . . . . . **WELCOME NEW MEMBERS**

Dr. Thashli L. Thankachen Dr. Jumin Jose Dr. Venugopal G. Dr. Binu Shivankutty Nair

Dr. Shantha George

Dr. Anil P. John Dr. Surej G.N. Dr. Umalakshmi Damodar Dr. S.R. George

#### **BLOOD BANK NEWS MARCH 2008**

Total 1284 units of blood were collected and 2613 units of blood and its components issued. Patients in 82 hospitals were beneficiaries. 8 blood donation camps were conducted.

Dr. K. Narayanan Kutty, Secretary, Blood Bank . . . . . . . . . . . . . . . . . .

#### **IMA CHARITABLE MEDICINE BANK** Working Hours: 10.00-2.00 p.m. Medicines donated by:

Dr. Abraham Varghese Tony J. Kalliath Dr. Mammen M. John Dr. P. Ramakrishnan Dr. Sujith Vasudevan

Dr. B. Venugopal

Dr. Babu John Mathews Dr. Biren J. Thoompunkal Dr. M.G. Subramonian Dr. George Jacob Earaly

Dr. N. Gopalakrishnan, Convenor