

## IMA CHARITABLE MEDICINE BANK ACTIVITIES OCTOBER 2009

We have set the ball rolling for this year's IMA activities. A mega multi speciality medical camp was conducted at Maradu along with Kerala Latin Catholic Association and it was inaugurated by our IMA President Dr. Joy Joseph. 17 doctors participated in the Camp and it was well attended and the registration was around 600 patients.

I thank our IMA Executive colleagues namely Dr. Manju R, Dr. Pradeep Mathew, Dr. N. Gopalakrishnan, Dr. R. Govinda Shenoy and Dr. Augustine Thomas Mampilly. We plan to have more of this types of camps in the future mainly as a PR exercise so that we have a better rapport with the public. I request all the IMA doctors to participate in some of this future medical camps.

Dr. C. Sagar, Convenor



### PICNIC TRIP TO MALDIVES

Calling all doctors to sea on a cruise liner :  
Tempting offer from Louis Cruise

We are planning a leisure trip to Maldives in a luxury ship at a concessional rate for doctors and their families. The trip includes a package of three nights and four days cruise. Those who are interested please contact :

Ph : 99958 09957 (Siddharth)

0484-3911355, 9958 09962 (Sethumohan)

99958 09956 (Mrs. Soudha)

First time in the history of South India  
Luxury cruise from Cochin

Kids below 10 years 11 Euro, Free !!



DAY	PORT	ARRIVAL	DEPARTURE
Wednesday	COCHIN	-	17:30
Thursday	MALDIVES	17:00	-
Friday	MALDIVES	-	18:00
Saturday	COCHIN	09:00	-

PACKAGE INCLUDES

- 4 Days / 3 Nights
- Car 1 night Maldivian accommodation
- 12 Half board 05 complimentary meals a day Plans
- 2 Swimming pool & Fitness facilities
- 2 Daily evening shows & Dinner
- 2 Entertainment on board
- 2 Library & Card room

PACKAGES AVAILABLE: Colombo 02 Nights / 04 Days  
High Seas 03 Night / 02 Days

# ima cochin newsletter

No. 77 November 2009

President : Dr. Joy Joseph

Hon. Secretary : Dr. Sunny P. Orathel

Hon. Treasurer : Dr. K.C. George

Amazing,  
but true !!

Ensure your fortune for future

## Privilege Cards from IMA Cochin

IMA House has released the unique Privilege Cards, each card (one unit) worth Rs.25,000/-, to enable you to reap rich dividend out of this investment, any time in 10 years.

Card owner is entitled to make use of the classy auditorium of IMA House, once anytime in next 10 years, irrespective of the possible hike in rent in future. It is almost sure that the rent will be 2 or 3 times the prevailing rate, but you still will have the right to make use of the auditorium, booking it by just producing your Privilege Card.

You can make use of this facility for your personal use or gift it to anyone of your friends.

Amazing opportunity, isn't it? Grab it now, since this is a limited period offer. You can buy any number of Privilege Cards. To buy the card, please contact Dr. V.P. Kuriyipe, Chairman (98470 77340) or Dr. Sachidananda Kamath (98470 57766) or Shabu (98473 71400) or any member of the Project Committee.

### President's Column

Dear colleagues,



Our first scientific meeting for the year started from the heart... the cardiology dept. of Lisie Hospital set the ball rolling with impressive scientific sessions. The meeting saw the setting up and releasing of *Privilege Certificate* for concessional use of our main auditorium. The state conference of anesthesiologists was also held at our auditorium successfully, followed by a seminar on Pharmacovigilance attended by doctors around the country.

Our delegates attended the 52nd State Conference of the IMA Kerala State Branch held at Vatakara. Our Women's Wing did us proud by being adjudged the second-best among all the branches in the State! Our Branch was elected to host the next State Conference of the IMA in Nov. 2010. I request all of you to make that event a big success with total involvement of one and all.

Dr. Joy Joseph



## MONTHLY CME

Date : 25.11.2009 (Wednesday), 8.00 p.m.

Venue : IMA House, Kaloor

### SCIENTIFIC SESSION

DIABETIC FOOT : A SURGEON'S PERSPECTIVE

Dr. Ananthkrishna Bhat V. MS, DNB, MCH  
Plastic surgeon, Cochin Hospital, Kochi

HYPOGLYCEMIA - BEYOND 50MG

Dr. Ramakrishnan P., MBBS, MD  
Consultant Physician, Cochin Hospital, Kochi

IMA House, J.N. International Stadium Road, Palarivattom P.O., Cochin 682 025  
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Printed & published by IMA Cochin for circulation among IMA members only. Designed & Printed by Pixel Studio, Cochin-28 © 2806 301

### ATTENTION MEDICAL POLICY HOLDERS

In view of the new mediclaim policy we are arranging with State Bank of Travancore, please bring the attached list of documents while coming for the meeting. (This is for both existing mediclaim policy holders and for those who propose to join freshly)

1. Pan card/ Driving Licence / Passport copy
2. Address Proof (Telephone bill / electricity bill / gas connection bill)

### Attention Doctors !!

Request all MBBS Doctors to become members of IMA. Many of our doctors attending monthly meetings are found to be not members of IMA. Kindly enroll yourself at the earliest. For details, contact Shabu 98473 71400 / Hari 92495 78466.

### Womens Wing - October 2009

Talk on world palliative day, premarital counselling sessions, and adolescent health programmes by Dr. Maria Varghese, and Dr. Gracy Thomas at various centres. Gynaec and Paediatric Camps, check up for osteoporosis and cooking class on high calcium food and old age check up by Dr. Manju R., Dr. Lissamma Joseph, Dr. Mollykutty Thomas, Dr. Sindu Pillai and Dr. Maria Varghese. Talk on puberty in disabled girls by Dr. Lisamma for parents and teachers. Dr. Parvathi attended senior citizen convention, state level meet and gave classes on geriatric problems and HIV awareness classes. Rs. 10,000 donated for medicines for cancer patients by Dr. Chandrika and Rs.5000 by Dr. Soje Kurian for orphanage.

Trip to Vazhachal on 3rd Sunday of December, interested persons, please contact Secretary or Co-ordinator, Dr. Ramani Johnson.

The next meeting will be held on Saturday, 28th November 2009 at 2.30 pm at IMA House. Talk on "Nutrition"

Dr. Sara Soje Kurien, Secretary



WIMA members participate in World Diabetes Day celebration

### PREVIOUS MONTH SCIENTIFIC SESSION ON CARDIOLOGY



### IMA STATE CONFERENCE AT BADAGARA



State Conference of IMA Kerala State Branch was held in Badagara, Calicut district. Members of this small Branch put in best of their efforts to make the conference a success. Women's Wing of IMA Cochin was adjudged as the second best Women's Wing of Kerala. Hearty Congrats. Next State Conference will be hosted by our Branch in November 2010. Watch for details.

### IMA House Membership Card

ID Card of members have been despatched to all members, who had given their photographs. ID Card will have your photo, your membership number and bar coding. If you have not given your photo, please send it immediately to Dr. V.D. Pradeep Kumar (Ernakulam Medical Centre, Cochin - 28) or to Mr. Thomas (IMA Office, IMA House, Palarivattom P.O., Cochin - 25). You can also email the same with all details to imacochinlibrary@gmail.com. Please remember that hereafter entry will be strictly limited to members only. Reception, Lobby and entry surveillance will be ready in a week's time. You will be asked to swipe your ID card at the lobby before making use of the facilities.

Please send your photos at the earliest and ensure that you get your membership card without much delay.

### Membership for hospitals

Project Committee has envisaged a novel idea of giving membership to hospitals, in the IMA House. This membership is meant for medium and large hospitals. This membership entitles the hospitals the right to provide the facilities to any doctor from the hospital and the Managing Director / Superintendent. Hospital management can gift the facility to any Doctor of their choice and change the name of their nominee at any time. Please collect more details from the Convenor Dr. Sachidananda Kamath (98470 57766).

### Marriage is made in heaven, Ceremony in IMA House

People have already identified our cosy auditorium as the most comfortable and economically viable place to conduct marriages and receptions. We have shortlisted the most popular and reliable caterers in the city (both for veg and non-veg cuisines) to serve in the IMA House, in addition to our own catering service. For further information, please call IMA Reception.



### Global Diabetes Walk on 14th November, 2009 at Cochin



Dr. S.S. Kamath, IMA Cochin Vice-President address the gatherings on World Diabetes Day - 14th Nov. 2009.



### Congratulations !

Dr. Lazar J. Chandu and Dr. Sherry Isaac selected as President and Secretary Genral of OASIS (Orthopaedic Association of South Indian States) in recently concluded annual conference of OASIS held at Cochin.

### Secretary's Desk

Dear colleagues,



We have moved into a new IMA Year. Even though more than 1200 doctors are members of IMA Cochin Branch, many more are yet to join IMA. Same is the case with various schemes like Professional Protection Scheme, Social Security Scheme, and Health Scheme. I request all IMA members to encourage your friends to become members of IMA and join in the various schemes. This will protect you and your family from any unforeseen eventuality in the future.

IMA celebrated 25th National Blood Donation Day at IMA Blood Bank Conference Hall. IMA and Kerala Legal Authority jointly celebrated World Mental Health Day at General Hospital Ernakulam. Hon'ble Mr. Justice Kurien Joseph inaugurated the function. In another function IMA joined with NRHM and District Mental Health Society in celebrating World Mental Health Day at IMA House. Hon'ble Mr. Justice Thottathil Radhakrishnan was the guest of honour and Mr. K. Babu, MLA delivered key note address. IMA arranged a Cardiology and Ophthalmology camp for Press Club members and their families at Press Club, Ernakulam. Hon'ble Minister Shri S. Sharma inaugurated the function.

Finally, I want to share a good news with you. Cochin IMA is getting a chance to host IMA State Conference 2010 after pretty long time. Let us strengthen our IMA and look forward for a memorable IMA Year.

With hearty regards  
Dr. Sunny P. Orathel

### Congratulations !



Dr. Abraham Varghese, IMAGE Dist Representative, Ernakulam received Chairman's Appreciation Award for the services rendered to IMAGE during the year 2008- 2009 in the IMA State Conference.

### SEMINAR ON PHARMACO VIGILANCE



Seminar on Pharmacovigilance by IMA Cochin and IFCR was conducted on 7.11.2009 at IMA House. Justice Narayanan Kurup inaugurated the seminar., presided by Dr. Joy Joseph IMA Cochin President. Mr. Anil Joseph, MD of IFCR, Dr. Roy Abraham Kallivayalil, Principal Co-op. Medical College, Mr. M.J. George, Drug Controller General of Kerala, Dr. Daniel Joseph, Consultant Pharmacologist are also seen.