



IMA COCHIN

OFFICER BEARERS FOR 2007-2008

- President : Dr. N.S.D. Raju
- Secretary : Dr. Sunil K. Mathai
- Treasurer : Dr. M. Narayanan
- Imm. Past President : Dr. V. Benny Thomas
- Imm. Past Secretary : Dr. Augustine T. Mampilly
- Vice Presidents : Dr. Abraham K. Paul
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Dr. S. Sachidananda Kamath
Dr. Babu John Mathews
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- Alternative Member : Dr. V.D. Pradeep Kumar
- Central Council : Dr. Abraham Varghese
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Dr. Thomas Mathew
Dr. Xavier George P.

Exe. Com. Members

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- Dr. Gopalakrishnan, Dr. Gracy Thomas
- Dr. Hassan M.M., Dr. Jacob K.B.
- Dr. Junaid Rahman M.I., Dr. Kuriyipe V.P.
- Dr. Lisamma Joseph, Dr. Madhukumar K.
- Dr. Narayanankutty K., Dr. Peter T.I.
- Dr. Philip Augustine, Dr. Prakash B.
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- Dr. Ramesh G.N., Dr. Rosily Devassia, Dr. Sagar C.
- Dr. Scaria C. Aikkara, Dr. Shirley John
- Dr. Sivasdas K., Dr. Subhash P.M.
- Dr. Sudheendran, Dr. Sukumaran K.
- Dr. Thampi George, Dr. Varghese Cherian
- Dr. Varghese K.P., Dr. Varghese Mathew E.
- Dr. Venugopal M.
- Resource Person : Dr. Subhash P.M.
- PPS & SSS
- Secretary : Dr. Narayanankutty K.
- IMA Blood Bank
- Secretary : Dr. Babu John Mathews
- Library Committee
- Convenor : Dr. Gopalakrishnan N.
- Medicine Bank
- Webmaster : Dr. Ramesh S. Shenoi
- Scientific Committee : Dr. Venugopal M.
- Chairman

IMA WOMEN'S WING ACTIVITIES SEPTEMBER 2007

- Our members attended Gynaec CME at Hotel International and participated in World Coconut Day celebration.
- Participated in Onam celebrations of General Physicians Association and Gynaec Society.
- Visited Santhibhavan, conducted medical camp.
- Dr. Mumtaz Khalid Ismail's talk on Prospects of Nutrition at PUC College, also wrote an article in Prevention Magazine, talked to Paramount Airways Inflight services on Nutrition opinion about Ramzan eating habits.
- Chocolate making demonstration by Dr. Rosily Devasia
- Next Meeting is on healthy cooking at 2.30 p.m. on 27th October at Dr. Rosily Devasia's residence.

Rosily Devasia, Secretary



Dr. Rosily Devasia is busy in chocolate making

With compliments from :

DR. REDDY'S LABORATORIES

Makers of RAZO

IMA MONTHLY MEETING

Date : 31.10.2007 (Wednesday) , Time : 8.00 p.m.
Venue : Rama Varma Centenary Hall

Topic

**ORGAN TRANSPLANTATION :
WHERE DO WE STAND ?**

Speaker

Dr. Sudhindran S.
Transplant Surgeon, AIMS

Meeting sponsored by
DR. REDDY'S LABORATORIES

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National Blood Donation Week celebrated



IMA Blood Bank observed National Blood Donation Week on 6th October 2007 at IMA Blood Bank Conference Hall, Ernakulam. Shri A.P. M. Mohammed Hanish IAS, District Collector, inaugurated the programme and Dr. V. Benny Thomas, President IMA Cochin Branch presided over the function. Dr. E. Varghese Mathew (Past Chairman, IMA Blood Bank) Dr. K.A. Clement (Treasurer, IMA Blood Bank), Mr. Rajiv Menon (President, Cochin Blood Donors Forum) spoke on the occasion. IMA Secretary Dr. Augustine T. Mampilly delivered the vote of thanks.

World Mental Health Week



The Statewide celebration of World Mental Health Week was launched at Cochin under the auspicious of Indian Psychiatric Society, Kerala State Branch by Hon'ble Health Minister Smt. P.K. Sreemathi Teacher on 10th October 2007 at Renaissance Hotel. Dr. N. Dinesh (President, IPS, Kerala State) presided over the function. Hon'ble Justice Mr. Padmanabhan Nair, addressed the gathering. Dr. N.S.D. Raju President IMA Cochin Branch and Mr. C.M. Dinesh Moni, MLA, offered felicitation. Dr. S. Shaji presented the theme of World Mental Health Day. Dr. A. John, Secretary (IPS Kerala State) welcomed the gathering and Dr. K.K. Jayaprakash (Treasurer, Ernakulam Psychiatric Society) proposed vote of thanks.

World Anaesthesia Day



Indian Society of Anaesthesiologists, Cochin Branch observed World Anaesthesia Day on 16th October 2007 at Grand Hotel. ISA Cochin President Dr. Suresh G. Nair welcomed the gathering. Dr. T.S. Rajasekharan Nair, President, ISA Kerala Chapter delivered presidential address. Dr. K. Vinodan spoke on 'Emerging role of anaesthesiologists'. Keynote address was given by Prof. K. Mohandas, Director, SCTIMST. Presentation of Lifetime Achievement Award was awarded to Dr. K.A. Omanan on the occasion. Dr. Narayanan Naik has presented 'History of Cochin Anaesthesia'. Dr. N.S.D. Raju, IMA Cochin President and Dr. Abraham Cherian, ISA Kerala Secretary felicitated the occasion. ISA Cochin Secretary, Dr. Jacob Abraham delivered the vote of thanks.

Presidential Address delivered by Dr. N.S.D. Raju on 10th October

At the outset let me state on record my sincere gratitude to all the members of Kochi chapter of Indian Medical Association for unanimously electing me to this coveted post of President of Kochi IMA. I consider it as a great honor and privilege indeed and, it is with great pleasure and a sense of responsibility that I am taking up this prestigious post of Presidency of Cochin IMA.

Personally, it's an all the more a pleasant experience for me, since I have the unique privilege of receiving the mantle of presidentship from my own student, Dr. Benny Thomas, whom, as some of you might have already recollected, I had taught some basics of medicine at the Medical College Alappuzha, some three decades ago. Interestingly, now there is apparently a reversal of roles, since I have to follow the footsteps of my own student. But then, he has set such an excellent precedence which is worth emulating.

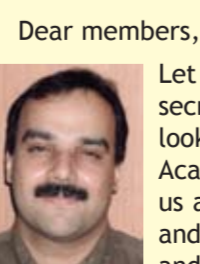
Today, the Kochi chapter is one of the best branches of IMA in the country. Our branch has many unique achievements to its credit, the most notable being the Blood Bank which has won national acclaim for its commendable service to the community. Our Medical Library with its comprehensive collection of medical literature with facilities such as electronic data access and internet gateway is yet another unique feature of our chapter. The Medicine Bank caters to the poorer section of the society by supplying free medicines.

We are now passing through a very significant phase in the history of our branch. Our building project - the IMA house in Kochi has already been launched this year. It has indeed been our long cherished dream to build a full fledged IMA house in the heart of the city. Although many were skeptical about its feasibility initially, thanks to the untiring efforts and firm determination and dedicated approach of our leaders, our dream project is all set to become a reality.

The idea of IMA building was, in fact, mooted by our former president Dr. Varghese Mathew and our veteran leader Dr. Kuriyipe took it up as a challenge and with the active support of a dedicated team of enthusiastic and enterprising members such as the outgoing President Dr. Benny Thomas, Secretary Dr. Augustin Mampilly, Dr. Sachidananda Kamath, Dr. Narayanan Kutty and Dr. M. Venugopal among others. Let us take this opportunity to applaud them for their dedication and untiring perseverance.

The past year was quite eventful for our branch, both in terms of academic and organizational aspects. Besides conducting a record number of continuing medical education programs, our branch took active participation in the health care activities in the city and the suburbs especially during the outbreak of contagious diseases like Chickun Gunia.

Secretary's Corner



Dear members,
Let me thank you for electing me as your secretary for the coming year. We are looking forward for a year of Business and Academics mixed with fun and frolic. Let us all put together what little bit we can and surge forward to achieve the ideals and targets set forth by our predecessors.

Let us pray we progress in our Unity.

With warm regards,
Dr. Sunil K. Mathai



I take this opportunity to once again congratulate the outgoing committee for having done an extremely commendable job during their tenure. Now, as we are assuming office of the Kochi branch of IMA, we are well aware of the great responsibilities bestowed upon us. We have to continue to maintain the good work done by our preceding team and it is not an easy task. However, I am glad that we have a very energetic and enterprising team with the young and enthusiastic Dr. Sunil Mathai as our secretary.

This year our main thrust of action will of course be on the building project. Every effort will be made to ensure its implementation.

As far as the academic activities are concerned we plan to have THE SCIENTIFIC SESSIONS tailored to the needs of our members so that it will have a great impact on the continuing medical education programs for the specialists as well as general physicians.

Another important project of this years IMA activity will be the revival of the Nayana Eye Bank a joint venture of IMA and Rotary. Although the eye bank theoretically exists there is no activity relating to the eye bank. We will take appropriate measures to revive the Nayana Eye Bank Project and ensure its smooth functioning.

Another area which urgently needs our attention is the restructuring and activation of the Crisis Management Cell which also has become somewhat inactive and idle. In fact our Cochin city has potential risks of disasters striking any moment because of the many hazardous industrial belts around the city. Moreover our city has been recently identified as earthquake prone area. An active Crisis management cell will be reconstituted in the near future itself.

I am also glad to inform you that the second multi organ transplantation was done in Cochin on 5th October. Liver, kidneys and eyes donated by a brain dead patient were successfully transplanted to five patients. Let us congratulate the Society for organ retrieval and transplantation for their commendable work.

Now to conclude I would like to state that as the newly elected President of Kochi chapter of IMA, I assure you that all efforts will be made to maintain the dignity and decorum of IMA fraternity by upholding the lofty ideals of professional integrity and also by contributing significantly to welfare of the society. With your active participation and unstinted support, I am confident that we will be able to achieve these noble goals. Because, I believe it's always great teamwork that creates magic!...

Thank you!
Dr. N.S.D. Raju

Heart Attack - Bhayappadathe Jeevikkam released

The book written by Dr. George Thayil, Senior Consultant Cardiologist, Lourdes Hospital, "Heart Attack - Bhayappadathe Jeevikkam" (DC/Current Books) was released by Fr. Sabu Nedunilath, Asso-ciate Director, Lourdes Hospital. Also seen Fr. Francis Xavier, Director, Lourdes Hospital, Chief Justice of Karnataka Sri. Cyriac Joseph, Archbishop Daniel Acharu- parambil, Past IMA President Dr. V. Benny Thomas. Dr. Thayil is also author of the Best seller book 'Hrudrogam - Munkaruthalum Chikilsayam'.



Installation of Office Bearers 2007-2008 October 10, 2007



The meeting was called to order by President Dr. V. Benny Thomas. Mrs. Usha Jayaram sang the invocation and Dr. Derena Mendez read out the Flag Salutation oath. In his Presidential address Dr. Benny Thomas thanked the IMA for the support and affection received during his tenure of 18 months. He welcomed the audience and congratulated the incoming team. Outgoing Secretary Dr. Augustine

Mampilly presented the report of IMA activities 2006-2007. The audiovisual presentation captivated the audience as he projected all the exciting moments of IMA for the past one and a half years.



Dr. E. Varghese Mathew, Past President IMA, introduced the incoming President, Dr. N.S.D. Raju. Amidst loud cheers and claps Dr. Benny Thomas installed Dr. N.S.D. Raju as the President of Cochin IMA for the year 2007-2008. After his acceptance speech Dr. N.S.D. Raju installed his team of office bearers. Secretary - Dr. Sunil K. Mathai, Treasurer - Dr. M. Narayanan. The Chief Guest of the day Shri V.J.

Kurian IAS, Chairman Spices Board gave an inspiring speech and inaugurated the IMA activities for the year. Cine Star Captain Raju added glamour to the dias and tickled the audience with his hilarious words. Dr. V.P. Kuriyipe, Dr. K. Sivasdas, Dr. Chandra Sekhara Mallaya and Dr. Maria Varghese felicitated the occasion. The newly installed Secretary Dr. Sunil K. Mathai proposed the vote of thanks and the meeting closed after the National Anthem for dinner.



Cochin Clinical Society

www.cochinclinical.org

Last meeting of the Cochin Clinical Society was held at Hotel Wyte Fort. The best presentation prize was given to Dr. Thomas Varghese. World Sight Day was celebrated by Cochin clinical Society. IMA President Dr. N.S.D. Raju addressed the meeting. The next meeting is at PVSM Hospital on 15th of November 2007.

2nd Multi-organ Transplantation by SORT Cochin

On October 5th 2007, second multi organ transplantation was co-ordinated by SORT Cochin. Mr. Vijayaraghavan was declared brain dead at Amrita Hospital. His family members expressed their wish to donate his organs which were transplanted to patients at Amrita Hospital (Liver and one kidney) and Lakeshore Hospital (Kidney). Eyes were donated to two patients at Little Flower Hospital, Angamali. His heart could not be transplanted as there was no suitable recipient.

Dr. Ramesh S. Shenoy, Gen. Secretary, SORT

IMA SUVARNA SANGAMAM

IMA Golden Jubilee Celebrations

NOVEMBER 9,10,11

IMA STATE HQ, Anayara, Thiruvananthapuram

Please register before 25th October to ensure complement kit.

For details contact :

Dr. R. Ramesh, Hon. Secretary, IMA KSB
Ph : (R)0490-2342062, Mob: 93498 60506
Email : ramdipti@yahoo.com

Medicine Bank

Working Hours : 10.00-2.00 p.m.

Medicines donated by :

Dr. Harish R. ♦ Dr. Sujit Vasudevan ♦ Dr. B. Jayakumar
Dr. Raju Abraham ♦ Dr. G.N. Ramesh ♦ Dr. Drowpathy
Dr. V.K. Sahajananandan ♦ Dr. S. Sreenivasa Kamath

Dr. N. Gopalakrishnan, Convenor

BLOOD BANK NEWS SEPTEMBER 2007

Total 3539 units of blood were collected and 1700 units of blood and its components issued. Patients in 82 hospitals were beneficiaries. 7 blood donation camps were conducted.

Dr. K. Narayanan Kutty, Secretary

WELCOME NEW MEMBERS

Dr. C. Chithambaranathan ♦ Dr. Jayasree Mdhavan
Dr. Roy Thomas ♦ Dr. Rony Thomas
Dr. Neena Jacob ♦ Dr. Sathiyam K. ♦ Dr. Anju S Raju
Dr. Manuel John ♦ Dr. Sherin Mathew
Dr. Blessen Mathew ♦ Dr. S. Mahesh ♦ Dr. Smitha K.
Dr. Prasad Krishnan ♦ Dr. Shyam M.V.