



### Secretary's Desk

Dear members,



I sincerely thank all the members of IMA Cochin, for giving me an opportunity to serve as Secretary for the coming year. I acknowledge it as great honour and privilege, and I am confident, we can move forward together to achieve the needed target of all activities of IMA, upholding the dignity and decorum of IMA fraternity.

We will pray together for the best.

With hearty regards,

**Dr. Sunny P. Otrathel**

### Womens Wing - September 2009

Our members participated in a medical camp in tribal, rural and urban areas. 30 were selected for free cataract surgery. Adolescent health awareness talks at 3 venues, health talks at 5 venues, pre-marriage counselling, Nutrition Day (9 Sept) Alzheimer's Day (21 Sept) were celebrated. General Body and election of the new office bearers for 2009-2010 were held on 26 Sept. IFB working demo was well attended and appreciated.

The next meeting of WIMA Kochi is at IMA House on 31.10.2009 2.30 pm. "Delicious variety chutneys" by Ramani Johnson.

**Dr. R. Manju, Secretary**



Mrs. Tina Joy Joseph talks on World Alzheimers Day

teething troubles of our dream house and to ensure its smooth sailing. This would involve a lot of attention on a daily basis. She is only 5 months old and just learning to crawl. By next year we want to make sure that she stands on her own two feet and walks without support. I promise that I shall spare no effort to dedicate all possible time and energy to achieve this goal. I need your support, advice and co-operation in all matters. I take this opportunity to appeal to all of you to help us enroll more members in the IMA and in *The Lagoon*.

As the popular saying goes 'There is a woman behind every successful man', I would like to acknowledge the role played by the members of the Women's Wing of our branch in all our achievements. They have involved themselves in several social service activities like medical camps, free cataract surgeries, premarital counseling and adolescent health awareness programmes. They have adopted a village called Keecherry for their medical services. Their activities are regularly aired over radio and television. They will continue to be our active partners in the coming year too.

Now let me get on to my official duty of installing the office bearers of this year. Dr. Sunny P. Otrathel, Senior Physician, General Hospital, Ernakulam - I install you as the new Secretary. Dr. K.C. George, Paediatrician, Lakeshore Hospital - I install you as the new Treasurer. We have 4 Vice Presidents: Dr. Sachidananda Kamath, Paediatrician, Welcare Hospital; Dr. Babu John Mathews, Physician, Medical Trust Hospital; Dr. Abraham Varghese, Chief Medical Officer, Binani Zinc Ltd.; Dr. Augustine T. Mampilly; Ophthalmologist, PVS Hospital - I install all of them as Vice Presidents. We have 4 Joint Secretaries too. Dr. N. Gopalakrishnan, General Physician

in private practice; Dr. Junaid Rehman, Paediatrician, General Hospital, Ernakulam; Dr. M. Narayanan, Paediatrician, EMC; Dr. Maria Varghese, General Physician in Oncology Dept. of Welcare Hospital - I install you all as Joint Secretaries.

Dr. Mohan George, Paediatrician, Mother & Child Hospital is installed as State Working Committee member. Dr. Philip Cherry, General Physician at Lions Hospital is installed as SWC Alternate Member. Dr. C.G. Bindu Specialist in respiratory medicine is installed as Resource Person of SSS & PPS. Dr. C. Sagar, General Physician, Indira Gandhi Cooperative Hospital is installed as Medicine Bank Convenor; Dr. M. Venugopal, Paediatrician, City Hospital is installed as Secretary of Library Committee; Dr. K. Narayanankutty, Ophthalmologist is installed as Secretary of Blood Bank; Dr. Varghese Cherian, Paediatrician, Lourdes Hospital is the Scientific Committee Chairman. Dr. P. Ramakrishnan; Physician, Cochin Hospital; Dr. G.N. Ramesh, Gastroenterologist, PVS Hospital, Dr. Sunil K. Mathai, Gastroenterologist, Medical Trust Hospital are installed as Scientific Committee members. Dr. Ramesh Shenoy, Radiologist is installed as the web master of our websites. Now there are 35 doctors in the Central & Executive Committees together. I install all of them without calling their names as the list is long.

To conclude I pray to the Almighty to give us wisdom and courage to achieve our goals. I wish you all the best in life and may the good God bless you all with good health and happiness.

Thank you very much.

**Dr. Joy Joseph**

### NATIONAL BLOOD DONATION WEEK (OCTOBER 1-7) OBSERVED

**Oct. 1 - Blood Donation Day  
Vytila Junction**



Dr. Joy Joseph, IMA Cochin President addressing the audience. Mr. Rajeev Menon, Shri M.V. Devan, Dr. V.D. Pradeep Kumar, Shri George Joseph (SI of Police) and Rangadas Prabhu are also seen.

**Oct. 7 - Valedictory function  
IMA Blood Bank Hall**



Dr. Joy Joseph, IMA Cochin President inaugurating the function. Dr. K.A. Clement, Dr. V.D. Pradeep Kumar, Sunny P. Otrathel (IMA Cochin Secretary) and Mr. Rajeev Menon are also seen.



### WORLD MENTAL HEALTH DAY



World Mental Health Day is celebrated at General Hospital, Ernakulam in association with Legal Service Authority and IMA Cochin. Hon'ble Justice Kurian Joseph inaugurated

the function. Dr. Thomas John, Secretary, Ernakulam Psychiatric Society; Dr. Joy Joseph, IMA Cochin President; Shri B. Vijayan, Principal Sub-Judge, Ernakulam; Sunny P. Otrathel, Secretary, IMA Cochin; Dr. Aruvi T.P., R.M.O., General Hospital, Dr. Rosy Sebastian, Superintendent, General Hospital; Shri George Merlo Pallath, President, Ernakulam Bar Association; Shri D. Pappachan, Hon'ble Dist. Judge are seen on the dais.



IMA Cochin in association with NRHM Ernakulam and Ernakulam Psychiatric Society celebrated World Mental Health Day in IMA House. Dr. Sherrif P.A. (Treasurer, EPS), Dr. C.J. John, Dr. Junaid Rehman, Dr. K.V. Beena (DPM, NRHM, Ernakulam), Hon'ble Justice Thottathil B. Radhakrishnan, Dr. Joseph Varghese, Dr. Roy Abraham Kallivayalil (Principal, Co-op. Medical College), Dr. Joy Joseph (IMA Cochin President) and Dr. Thomas John (President, EPS) are seen on the dais.



'Chevalier' - the highest papal honour conferred to **Dr. Henry A. Anjiparambil** on 13.9.2009

### KitchenKing News

Restaurant open daily 6.30 pm to 10.30 pm.

Friday, Saturday & Sunday **Lunch** (Fish curry meals - Rs.70/-/head) and **Buffet Dinner** (Rs.150/-/head).

For seat reservation

**Mr. Sudesh** : 93883 59122 / 0484-3118081/82